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SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 20, 2017

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According to last week's lecture at the SCCF Nature Center, there are between 100 and 180 Florida panthers currently in the wild.
photo courtesy SCCF

Panthers Spotlighted At Lecture

by Jeff Lysiak

When Alexis Horn, public outreach coordinator for the Sanibel-Captiva Conservation Foundation (SCCF), was growing up, she said that the Florida panther – hunted to the brink of extinction – was sort of a “mythical creature.” “When I was a kid, there were only about 20 or 30 panthers left in the wild,” Horn

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Cooking With The Islands' Stars At The Remodeled Community House

On Saturday, January 28 at 6 p.m., The Community House will open its doors to a new era in fun and education with the 2nd annual Cooking with the Islands' Stars fundraiser. Headlining the evening will be four home chefs who will demonstrate their signature recipes as they compete for the most money raised to benefit the Culinary Education Center and for the Judge's Choice award. But that is only one part of an evening of culinary adventure.

Upon arrival, while the guests are getting their first look at the newly remodeled Community House, they will be treated to appetizers from nine of the islands' best restaurants and caterers. “The Community House has always been supported strongly by its business community,” said Marge Meek, co-creator of the fundraiser. “And again this year, the professional chefs agreed to prepare innovative and creative taste treats to begin our event. There is even a little behind the scenes competition between the chefs to see which one will be the best.”

Their support of The Community House and its new Culinary Education Center has been immediate and strong as they see the new professional kitchen as a place where island chefs can have cooking classes, use the fresh produce from the community garden

continued on page 13



Marge Meek and Salli Kirkland

photo courtesy The Community House

Tenors Collide At The Strauss

by Di Saggau

What a lot of people want these days is laughter and there's plenty of it in *Lend Me a Tenor* now playing at the BIG ARTS Strauss Theater. The farce by Ken Ludwig has been around a long time and it is still hysterically funny. Set in the 1930s, it takes place in a lavish Cleveland hotel suite and depicts the comic chaos that happens when a superstar tenor from Italy arrives for his debut performance in the starring role of *Otello* with the Cleveland Grand Opera. Joel Stigliano plays the tenor Tito Morelli, Katie Pankow is Maggie Saunders, the not so innocent young daughter of Henry Summers, the opera impresario is played by Rob Summers. Christopher Russell plays Max, Maggie's wannabe fiancé, and Sam Rotella is Tito's fiery wife Maria.

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From left, Katie Pankow, Rob Summers and Christopher Russell

photo courtesy BIG ARTS

Two Free Programs With Noted Photographer At Refuge

Often tagged “the Ansel Adams of Florida,” photographer Clyde Butcher has made a big reputation for himself based on big black-and-white nature images taken with big cameras. On Friday, January 27, he will be presenting two free programs – at 10 a.m. and 1 p.m. – at the JN “Ding” Darling National Wildlife Refuge. Based on his *Big Cypress Swamp: The Western Everglades* and other photographic books, the programs are part of the 2017 “Ding” Darling Lecture Series at the refuge.

The award-winning artist captures the Florida Everglades, coastal islands and other unspoiled areas with stunning majesty. In recent years, he has expanded his depth of field nationwide. He will sign copies of his books, available in the Refuge Nature Store, following the lecture. Proceeds from Nature Store sales directly benefit refuge wildlife, education and research.

“Wilderness, to me, is a spiritual necessity,” said Butcher. “When my son was killed by a drunk driver, it was

continued on page 3



Clyde Butcher shoots with large format cameras

photo courtesy DDWS

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Clyde Butcher's black-and-white portrait of Cayo Costa photo courtesy DDWS

From page 1

Two Free Programs

to the wilderness that I fled in hopes of regaining my serenity and equilibrium. The mysterious spiritual experience of being close to nature helped restore my soul.”

HighTower/Thomas & Swartz Wealth Management sponsors the free 12-lecture series with support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The season’s remaining schedule follows. There will be book signings at all lectures except the one starred (*).

Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure a place to sit. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to tour the center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge’s official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/articles/lecture-and-film-series.

Remaining lectures in the series:

February 3 – Author Dr. James McClintock, *A Naturalist Goes Fishing: Casting in Fragile Waters from the Gulf of Mexico to New Zealand’s South Island*

February 10 - No lecture

February 17 – Author Dr. John Marzluff, *Welcome to Subirdia: Sharing Our Neighborhoods with Wrens, Robins, Woodpeckers and Other Wildlife*

February 24 – Author Will Harlan, *Untamed: The Biography of Carol Ruckdeschel*

March 3 – Author Dr. Laurel Neme, *Animal Investigators: How the World’s First Forensic Lab Is Solving Crimes & Saving Endangered Species*

*March 10 – Researchers Dr. Jennifer McCabe and Dr. Brian Olsen, *Migratory Birds in a Climate Changing World*

March 17 – Author-artist Julie Zickefoose, *Baby Birds: An Artist Looks into the Nest*

March 24 – Author Denege Patterson, *A Tour of the Islands of Pine Island Sound: Their Geology, Archaeology and History*

March 31 – Author Will Stolzenburg, *Heart of a Lion: A Lone Cat’s Walk Across America*

April 7 – Photographer-sound recordist Gerrit Vyn, *The Living Bird: 100 Years of Listening to Nature*

April 14 – Author Charles Sobczak, *Alligators, Sharks, & Panthers: Deadly Encounters with Florida’s Top Predator* – Man

no book-signing to follow

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Landmark:

Captiva Civic Association ABC Sale



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image features the Captiva Civic Association's ABC Sale in 1980, the first year that tents were set up.
photo archives of the Captiva Island Historical Society

Historical Film To Be Screened

The documentary *Sanibel Before The Causeway* had three sold-out showings at The Community House last year. Another screening of the film has been scheduled for Tuesday, January 24 at 7 p.m. at The Community House, 2173 Periwinkle Way. Tickets are \$7 each, and are on sale at Bailey's General Store.

The film is the third documentary in a series sponsored by Eric Pfeifer of Pfeifer Realty Group.

The feature-length film includes vintage home movie clips from the 1930s through the early 1960s, and shows Sanibel the way it was before the causeway opened in 1963.

"When I first saw the old film footage, it was like traveling back in time," said Pfeifer. "Imagine, seeing cars getting on the ferry boat, seeing the mail boat coming to the island, and seeing airplanes landing at Sanibel's airport.

That's just a small sample of what is included in this film."
The documentary series is a collaboration of Pfeifer Realty Group and seven-time Emmy Award winner David E. Carter, a year-round Sanibel resident.
The three showings of *Sanibel Before The Causeway*, along with previous films *Growing Up On Sanibel* and *Seven Sanibel Artists*, generated more than \$25,000 in community support donations.
"We chose the Sanibel Community House to show this film, since our 'unknown filmmaker' who shot these films showed them there, 50 to 60 years ago," Pfeifer added. "We are pleased to have 100 percent of the ticket sales go to The Community House, which has recently re-opened after a major renovation. We expect that this event will also be sold out, so I recommend that people buy their tickets soon."
More details on the documentary can be seen online at www.SanibelStories.com.

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Reception And Auction To Benefit Christian Preschool

Tickets for the 4th annual reception and silent auction to benefit the Sanibel Christian Preschool are now on sale at the Sanibel Congregational United Church of Christ. The reception will be held on Saturday, January 28 from 4 to 6 p.m. at the church. The reception will feature live music from the Allison Duo, and refreshments as final bidding takes place.

Tickets are \$25 and may be purchased at the church office, located at 2050 Periwinkle Way or by calling 472-0497. Tickets also include entry into the drawing for door prizes; the winner does not need to be present. Door prizes include an overnight stay at the Sundial Beach Resort & Spa. Proceeds will benefit the Sanibel Christian Preschool Scholarship Fund, as well as go towards the educational needs of the students.

The silent art auction begins on Saturday, January 21 and will run through the closing reception on Saturday, January 28. This year's auction items include a framed Andrew Ross original painting and a Franz hand-painted porcelain vase entitled *The Hibiscus*, donated by Lily & Co. Jewelers.

Sanibel Congregational United Church of Christ will be open on Sunday, January 22 from 7:45 a.m. to 1 p.m., and Monday, January 23 through Friday, January 27. The public is welcome to contact the church office at 472-0497 for hours during the week or come during other scheduled events at the church. Winning bidders will be contacted.

For more information, call 472-0497 or visit on Facebook at <https://www.facebook.com/SanibelChristianPreschool>.✱



The Allison Duo, Shawn and Abbey Allison, provided music at last year's closing reception for the Sanibel Christian Preschool silent auction photo provided



Jerry and Sharon Miller, founders of Trailways Camp, with their son Benjamin, center

photo courtesy Chapel by the Sea

Missions Fair At Chapel By The Sea

On Sunday, January 22, before and after the 11 a.m. worship service, the historic Captiva Chapel by the Sea will host a missions fair featuring the community agencies the chapel supports with gifts of money and time. This annual fair is an opportunity for individuals to learn about many local human service agencies and be inspired to get involved in the important work of organizations serving needs across Lee County.

Chapel by the Sea is located at 11580 Chapin Lane on Captiva.✱

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OBITUARY



CATHERINE ANN SURIANI

Catherine Ann (Ballirano) Suriani, 88, of Sanibel, Florida, formerly of Barrington, Rhode Island, passed away Saturday, December 31, 2016. Catherine was born in Providence, Rhode Island. She was the daughter of the late Domenic and Elvira (DeStefano) Ballirano. She founded the business New England Hearth & Patio. She is preceded by her husband Henry Suriani, her granddaughter Mary E. Suriani of Barrington, Rhode Island and her brother Ralph Ballirano from Norwich, Connecticut. She is survived

by her son Lewis Suriani and his wife Rosemary of Barrington, Rhode Island, her granddaughter Melissa Heeden and her husband Ryan of Mansfield, Massachusetts, her great grandson Luke Heeden of Mansfield, Massachusetts. She is also survived by her brothers Vincent Ballirano of Johnston, Rhode Island and Anthony Ballirano, of Riverside Rhode Island and beloved nieces and nephews in Rhode Island and Connecticut.

Kay graduated from St. Xavier's School Providence, Rhode Island in 1944 at 16 years of age. She married Henry Suriani and was happily married for 46 years.

Kay started the welding business Economy Ornamental Works with her husband Henry in 1949, six months before they married. Working with her husband and later including their son, Lewis, and daughter-in-law, Rosemary, the business flourished for many years before eventually growing to the business New England Hearth and Patio. She also ran a number of other businesses.

After many successful years in Barrington, Kay retired in the 1980s to permanently move to Sanibel, Florida where she and her husband spent many great years.

She was a communicant of St. Isabel's Church on Sanibel and enjoyed volunteering for a number of activities at the church. She taught confirmation classes there for many years. She was also a Eucharistic minister at St. Isabel's. She leaves many friends and loved ones on Sanibel and in Fort Myers, Florida.

Kay was an avid gardener, cook and music teacher willing to teach anyone that was interested. She thoroughly enjoyed spending time with her family and friends and was proud of her newborn great-grandson.

Her funeral was held on January 16, 2017 from the W. Raymond Watson Funeral Home in Riverside, Rhode Island with a Concelebrated Mass

of Christian Burial in the Carmelite Monastery in Barrington, Rhode Island. Burial followed in Santa Maria del Campo Cemetery, Upland Way, Barrington, Rhode Island.

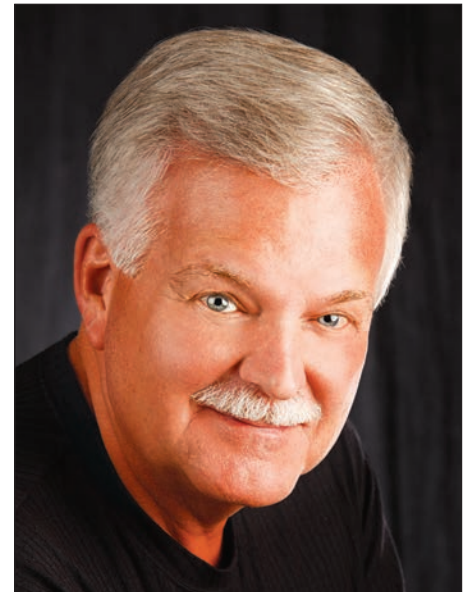
In lieu of flowers, donations would be gratefully appreciated to the Carmelite Monastery, 25 Watson Ave., Barrington, RI or FISH of Sanibel, 2430 Periwinkle Way, Sanibel, FL 33957.✱

Renfroe And Friends Return For Concert

Doug Renfroe is known to many as the cantorial soloist at Bat Yam Temple of the Islands, but Dr. Renfroe's rich baritone and great stage presence have delighted audiences in theaters and on concert stages in the United States, Canada and abroad.

The Doug Renfroe and Friends concert he shares with other talented musicians has become an annual tradition. This year's performance at will be held on Sunday, January 22 at 3 p.m. in the sanctuary at Sanibel Congregational United Church of Christ (SCUCC).

The "friends" are again the Rev. Dr. John H. Danner, senior pastor of SCUCC, who has a rich baritone voice, and pianist Abigail Allison, who is also Renfroe's accompanist at Temple Bat Yam. Also returning this year is cellist Susie Kelly. There is no admission charge. A free-will offering will be collected during the program.



Douglas Renfroe photo courtesy SCUCC

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from the Periwinkle Place shopping area. For more information, call the church office at 472-0497.✱

The Sanibel Community Association Fine Art Festival

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Phillips To Retire After 37 Years With City



Sanibel Chief of Police Jamie Phillips, second from left, received a standing ovation during Tuesday's city council meeting after he was recognized for 37 years of service to the citizens of Sanibel. Also pictured are Sanibel Mayor Kevin Ruane, left, and members of the Phillips family

photos by Jeff Lysiak

by Jeff Lysiak

Sanibel Chief of Police Jamie Phillips, following 37 years of service to the island community, announced his retirement during Tuesday's city council meeting. Phillips, who will retire as the Sanibel's longest serving employee in the 43-year history of the city effective February 28, was recognized with several awards, mementos and an official proclamation in his honor.

The recipient of numerous awards during his career from outside the City of Sanibel, including the Lee County 100 Club, Police Officer – Special Nominee of the Year; Lee County Bar Association Officer of the Year; Optimist International Officer of the Year; and Lee County Board of County Commissioners Employee of the Quarter, Phillips was recognized by Mayor Kevin Ruane – in a lighthearted moment which drew laughter from the standing room only audience – for his work assisting in the capture of the Sanibel Black Bear.

"I couldn't have done this without the great people in this community," said Phillips, who was joined at MacKenzie Hall by several members of his family. "It's been great working with this police department, the city council and city

manager... you're the best. And my family... you're the best of the best."

Phillips, who received a standing ovation prior to his comments, will be succeeded as chief of the Sanibel Police Department by Lt. William Dalton.

In other business, the council – who excused the absences of vice mayor Mick Denham and councilman Marty Harrity – approved a number of items in their consent agenda. They included:

- Accepting a \$150,000 grant from the South Florida Water Management District to assist in the funding to build the Jordan Marsh Water Quality Treatment Park.

- Approving a proposal for professional services with CB&I Environmental & Infrastructure, Inc. to perform the 2017 Beach Monitoring Survey for \$79,997 (50 percent funded by the Tourism Development Council, 50 percent funded through the city's Beach Parking Fund).

- Appropriating \$59,246 to purchase Tasers for the Sanibel Police Department.
- Extending an agreement with Christopher Harlowe Wildlife Removal Services for iguana and Nile monitor lizard removal.

In addition, city attorney Ken Cuyler offered that the council may want to consider establishing a 12-month moratorium on the establishment of medical marijuana dispensaries of facilities while "appropriate and applicable regulations are reviewed and developed" by municipalities in Lee and Collier counties. He noted that the City of Bonita Springs has established a temporary moratorium through August 3 of this year and the City of Marco Island has drafted a 12-month temporary moratorium ordinance.

Council is expected to review establishing a similar ordinance on Sanibel at its February 7 meeting.✱



Chief Jamie Phillips and "Ding" Darling Supervisory Refuge Ranger Toni Westland

Four Qualify For Council Election

by Jeff Lysiak

During Tuesday's Sanibel City Council session, councilors voted unanimously to pass a resolution approving the four qualified candidates who filed paperwork prior to last week's deadline to run for the three four-year seats up for election on March 7.

Three incumbents – including Mayor Kevin Ruane, Vice Mayor Mick Denham and Councilman Marty Harrity – along with newcomer Jason Maughan officially filed their paperwork to

qualify as candidates for the upcoming municipal election.

Ruane serves as the council liaison to the General Employees' Pension Board of Trustees, the Sanibel Captiva Chamber Governmental Affairs Committee, the Tourist Development Council and the Lee County Mayors' Council. Additionally, he serves as the treasurer of the Metropolitan Planning Organization and is a member of the Metropolitan Planning Organization Executive Committee.

Denham serves as the council liaison to the Sanibel Police Officers' Pension Plan Board of Trustees, the city's Redevelopment Needs Assessment and the Southwest Florida Regional

Planning Council. He serves as the alternate liaison to the Metropolitan Planning Organization and is a member of the JN "Ding" Darling Wildlife Society Advocacy Committee.

An island restaurateur and former mayor of Sanibel, Harrity serves as the council liaison of the Historical Preservation Committee, the Sanibel Historical Museum and Village, Inc. and the Recreation Financial Assistance Committee. He also serves as the city liaison to The Sanibel School.

Appointed to the Sanibel Planning Commission in 2014, Maughan has also served on the board of directors for the city's Community Housing & Resources, Inc., the Clinic for the

Rehabilitation of Wildlife, Children's Education Center of the Islands and The Sanibel School Fund. Last year, Maughan sought election against Lizbeth Benacquisto in the State Senator District 27 race, which was won by the incumbent.

Sanibel's general election will take place on Tuesday, March 7. Polls will be open from 7 a.m. until 7 p.m. in the city's three precincts:

- Precinct 16 – Center 4 Life, 2407 Library Way
- Precinct 117 – Sanibel Community Church, 1740 Periwinkle Way
- Precinct 118 – Sanibel Congregational United Church of Christ, 2050 Periwinkle Way✱

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Rev. Neumark To Present Lecture And Seminar



Rev. Heidi Neumark photo courtesy SCUCC

The Shared Scholar Committee of Sanibel will present two events this coming week featuring author and Lutheran pastor, the Rev. Heidi Neumark.

On Monday, January 23, Pastor Neumark will present a lecture titled *Hidden Inheritance*, in which she will explore the story of her discovery midlife that her grandparents were Jews who were held in Nazi concentration camps. Neumark will reflect on what it has meant to her, a Christian pastor, to discover her Jewish roots. The Shared Scholar Lecture will be held at 7 p.m. that evening at the

Sanibel Congregational United Church of Christ.

On Tuesday, January 24 beginning at 10:30 a.m., Neumark – who is greatly involved in social outreach efforts in New York City – will offer a seminar called *Faith Communities Engaging Together in Social Change*. The seminar will provide an opportunity to learn about her many efforts and how lessons learned in working with impoverished people, the homeless, AIDS patients, gay and lesbian youth and others can inform the work of individuals and groups in Southwest Florida. The seminar, which runs until 1 p.m., will include a light lunch.

Copies of Neumark's books, *Breathing Space* and *Hidden Inheritance*, will be available at a discounted cost.

Both programs are open to the public at no cost, and are sponsored by five congregations on the islands: Bat Yam Temple of the Islands, Captiva Chapel-by-the-Sea, St. Michael and All Angels Episcopal Church, Sanibel Christian Science Church and Sanibel Congregational United Church of Christ.

Support for the series is provided by the participating congregations, a grant from the Leo Rosner Foundation and free-will donations made by attendees.

A free-will offering will be taken at the lecture. Reservations are appreciated for the seminar, and may be made by calling the church office at 472-0497. No reservations are required for the Monday night lecture.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For further information and directions, visit www.sanibelucc.org.



From left, Imam Abdul'Haq Muhammed, Rabbi Myra Soifer and Pastor John Danner photo courtesy SCUCC

Learn About War And Women In Islam, Christianity And Judaism

Over the course of human history, the role and status of women has often been determined by the dominant religious beliefs of each particular society. The religious leaders, the Rev. Dr. John H. Danner, Rabbi Myra Soifer, and Imam Abdul'Haq Muhammed, will address the issue in the second presentation of their three-part course, *War, Women and Personal Stories*. Each of them will speak to how women have been treated in their own faith tradition.

Understandings of war and peace have also been shaped by religious beliefs, and in the third and final class of their course, Muhammed, Soifer and Danner will look at how war and peace are viewed by Islam, Judaism and Christianity. Textual and historical backgrounds will be explored as part of the course.

The classes are free and open to the public, with identical sessions at 10 a.m. and 7:30 p.m. on Wednesday, January 25 at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

For more information, call the church office at 472-0497, or visit www.sanibelucc.org.

You Are Invited!
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Sanibel Baptist Fellowship

Own a Stunning Wildlife Sculpture & Support 'Ding' Land Acquisition

Wildlife lover? Art connoisseur? Public art benefactor? Florida Gators fan?

All good reasons to bid on this one-of-a-kind aluminum, life-sized, and life-like Alligator-Heron Sculpture. Part of the Go Wild for "Ding" annual fundraiser live auction on February 8, the nearly 7-feet high and 9-feet long aluminum sculpture was designed by artist Michael Mistler to withstand the elements.



We invite you to view the sculpture at its temporary home in front of the "Ding" Darling Visitor & Education Center, near the handicap lift. To view more pictures of the sculpture, visit dingdarlingsociety.org/articles/sculpture.

Make a Bid

The perfect piece for an island yard, clubhouse, or other public venue, the Alligator-Heron Sculpture has been appraised at \$22,000. To make a bid prior to the Go Wild auction, or for more information, contact "Ding" Darling Wildlife Society-Friends of the Refuge Executive Director Birgie Miller at 239-292-0566.

About the Artist

Missouri man Michael Mistler specializes in metal sculptures. His pieces grace public areas throughout Jefferson City and St. Louis, including on an island in Lake of the Ozarks. The artist's brother, Jeff, lives locally and donated the piece. Proceeds will benefit, through Refuge land acquisition, the wildlife living in the 8.15-acre Wulfert Road tract.



The Shared Scholar Committee of the Islands
presents

Author and Lutheran pastor The Rev. Heidi Neumark



Monday, January 23 - 7 p.m.

"Hidden Inheritance - Discovering My Jewish Roots"

Pastor Neumark will talk about the discovery midlife that her grandparents were Jews who had been in Nazi concentration camps. No reservations necessary. No charge; a free-will offering will be taken.

Tuesday, January 24 - 10:30-1:00

(includes a light lunch)

"Faith Communities Engaging Together in Social Change"

Learn about Pastor Neumark's many efforts and lessons learned working with impoverished people, the homeless, AIDS patients, gay and lesbian youth and others. No charge. Reservations requested; call 239-472-0497.

Sanibel Congregational United Church of Christ
2050 Periwinkle Way, Sanibel
239-472-0497

Open to the public.

Sponsors: Bat Yam-Temple of the Islands, Captiva Chapel-by-the-Sea, Saint Michael and All Angels Episcopal Church, Sanibel Christian Science Church and Sanibel Congregational United Church of Christ. Support for the series is provided by the participating congregations, a grant from the Leo Rosner Foundation, and free-will donations made by attendees.

Super Bowl Bash For Families And All Ages



Participants from last year's Super Bowl Bash photo courtesy Sanibel Community Church

On Sunday, January 29, one week before Super Bowl Sunday, H2O, the student ministries program at Sanibel Community Church, will again host their annual Super Bowl Bash.

This event will be held at The Sanibel School athletic fields. The event runs from 2 to 5 p.m. and includes a free lunch of hot dogs and hamburgers; a Punt, Pass and Kick competition; and a two-hand touch football game for all ages and skill levels, including the "headlining event" – a students vs. adults game for the Golden Football Trophy. This event is free and is open to all ages.

Younger children will have their own opportunity to play activities and games for their age level as well.

This year, Sanibel Community Church will be adding a powder puff game for the teen girls and their moms and lady youth leaders as well as any other ladies who would like to play.

Super Bowl Bash Schedule Of Events

- 2 to 2:30 p.m. – Girls powder puff game
- 2:30 to 3 p.m. – Teens play teens and kids play kids
- 3 to 3:30 p.m. – Teens play adults
- 3:30 to 4:30 p.m. – Punt, Pass and Kick Competition for teens and kids
- 4:30 p.m. – Free meal

H2O is open to students in sixth through 12th grades. For more information about the Sanibel Community Church Student Ministries, contact Youth Pastor Kevin Schafer at 472-2684. Grades six to eight meet every Wednesday in the Youth Center from 5 to 7 p.m. High school teens meet every Wednesday from 6 to 8 p.m. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✱

Gulf Coast Harmonizers Concert



Gulf Coast Harmonizers

photo courtesy Sanibel Community Church

Grab your straw hats, bow ties and suspenders, and join your friends and neighbors at Sanibel Community Church for an evening of great barbershop singing by the Gulf Coast Harmonizers on Sunday, January 22 at 5 p.m. in their Sanctuary. Refreshments will be served in the courtyard following the concert. A love offering will be received.

The Gulf Coast Harmonizers is a membership organization of singers who meet regularly to practice, perform, socialize and have fun. They currently have more than 40 singers from all walks of life, and all parts of Cape Coral, Fort Myers, North Fort Myers, Estero and Bonita Springs areas. The year 2017 marks their 25th year entertaining the people of Lee County as the Cape Chorale, and in recognition of the greater geographical scope both of their membership and their customers, they have chosen this year to rebrand themselves the Gulf Coast Harmonizers.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus located at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.✱

Sanibel's Founding Mothers Feted



From left, Dory Rooker, Marilyn McNamara, Carol Heath, Jo Bowen, Bettie Modys and Martha Ponader were the cast members for *Sanibel's Founding Mothers* at the St. Michael's Women's meeting on January 9

photo courtesy SMAAEC

At their January 9 meeting, the Women of St. Michael and All Angels Episcopal Church (SMAAEC) presented *Sanibel's Founding Mothers*, a play written and directed by parishioner Dory Rooker. The skit presents a picture of everyday life on Sanibel as seen through the eyes of early women settlers.

As inspiration for writing the play, Rooker points to her passion for women's history. "Women have often been left out of our history. We need to recognize and celebrate their contributions," she said. "I wrote this particular dramatization to honor women who had the strength and courage to face the frontier that was Sanibel Island."

The settlers and the actors portraying them were Jo Bowen as Irene Rutland Shanahan, Rooker as Anna Woodring, Carol Heath as Clementine Gibson, Marilyn McNamara as Mrs. Henry Shanahan, Bettie Modys as Letitia Nutt and Georgia Barnes Martha Ponader as Georgia Barnes. The members of the cast were all attired in costumes from the late 1800s.

The play illustrated the hardships of early life on a remote island: Smudge pots and nets to cope with mosquitos, land-clearing and farming, raising and educating children in primitive conditions, and ministering to spiritual needs. The players also shared stories of the many pleasures of this early time, including baseball games, candy pulling, picnics, log rolling parties, fish fries and dances.

President Betsy McCullough led the women's business meeting, and treasurer Liz Coffey led the budget review and discussion. A luncheon, catered by Bailey's, was served during the meeting.

Next month's women's meeting presents Noah's Ark's annual Fashion Show on Monday, February 13 in the church Sanctuary. The show, *Sunrise, Sunset*, features Noah's Ark volunteers and other parishioners modeling active wear and lifestyle fashions as well as festive evening costumes. The show also includes raffle giveaways of new items donated to the Ark and music by popular island pianist Scott McDonald. Tenor John Pryor, a St. Michael's parishioner and member of the parish choir, will sing *Sunrise, Sunset*, the popular song from Bock and Harnock's Broadway classic *Fiddler On The Roof*. The show's finale is a bridal scene, with attire for members of a bridal party, from mother-of-the-bride to flower girl.

For more information on women's activities at St. Michael's, call Rector Ellen Sloan at 472-2173 or visit www.saintmichaels-sanibel.org. St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel. ✨

From page 1

Cooking

and help promote the popular farm to table concept. With the Community House's resident chef Jarred Harris on staff full time, the restaurants have one of their own ready to help and support them.

Salli Kirkland, co-creator of the event, said, "We can never thank these restaurants and caterers enough. To take time away from their restaurants on a busy night in season is difficult, so please enjoy their food and tell them how much you appreciate their support." The food sponsors are

Sanibel Catering Company by Bailey's, Traders Gulf Coast Grill & Gifts, Sundial Resort, The Jacaranda, Thistle Lodge Beachfront Restaurant, Sanibel Captiva Beach Resorts, The Timbers and The Sanctuary Golf Club.

The culinary treats will continue after the home chefs' competition. While the results are being tabulated, guests will sample homemade desserts provided by The Community House Kitchen Guild. Beverages will be available by donation.

For tickets, call 472-2155 or go on line at www.sanibelcommunityhouse.net/CWTIS. A few \$200 priority seats remain that include sampling the home chef creations during the show. Regular assigned seats are \$100. ✨

Watson MacRae Gallery

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EXCITING NEW EXHIBIT

Sculpture Different

January 10 – February 4, 2017

FEATURED ARTISTS

Rick Araluce, miniature constructions

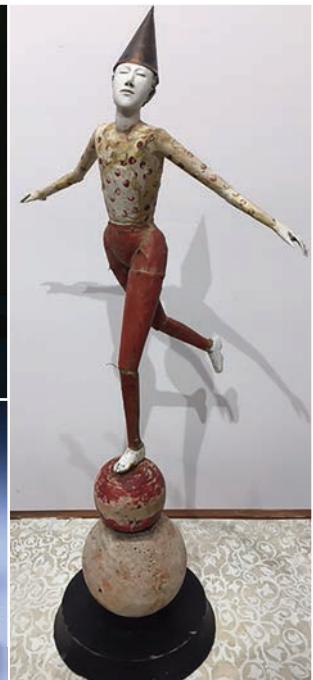
Taylor Robenalt, porcelain creatures

Cathy Rose, mixed media figures

Kirsten Stingle, ceramic figures

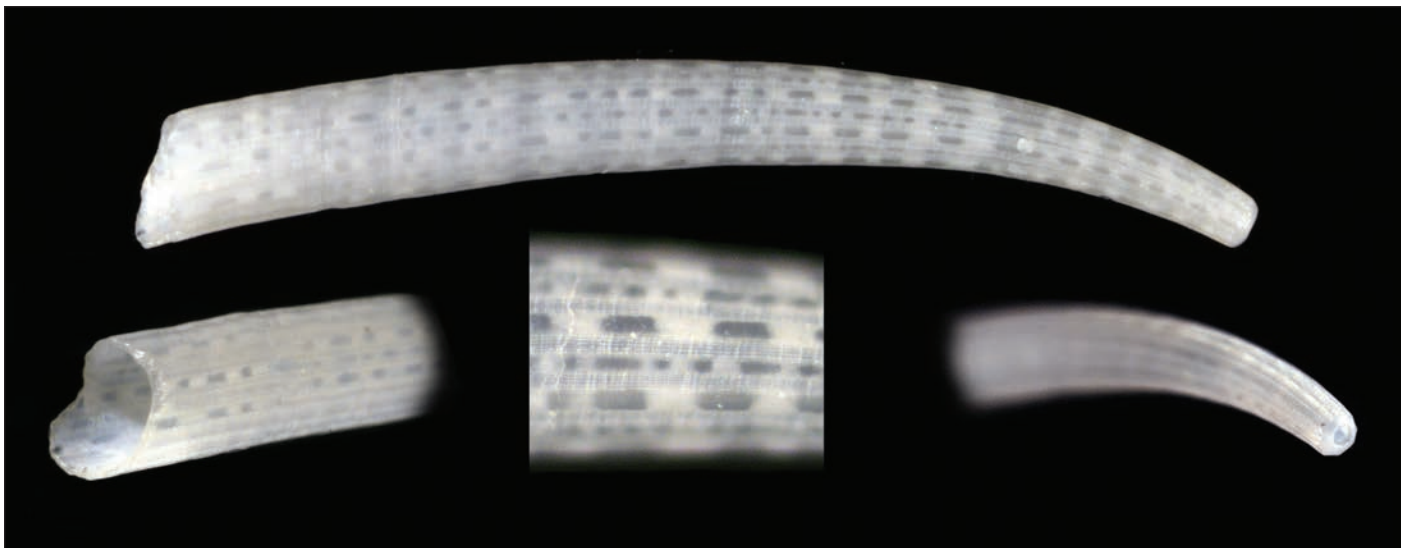
Annie Wainwright, ceramic abstracts

"**Sculpture Different**" features artwork using distinctive imagery and exceptional techniques. The work of five artists is brought together to show the diverse materials and styles of some of the amazing sculpture being made today.



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The Antillean Tusk Shell, *Antalis antillarum*, from Blind Pass

photo by José H. Leal

Shell Of The Week

Antillean Tusk Shell



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Tusk shells belong in the molluscan class Scaphopoda, and are so named because they

resemble small elephant tusks. The Antillean Tusk Shell, *Antalis antillarum*

(d'Orbigny, 1853) is one of several local members of the family Dentaliidae. Its shell reaches about a half-inch in length, and is ornamented by longitudinal ridges, which are separated by grooves containing translucent "windows" of thinner shell material of unknown function. The local tusk shells are being studied by shell museum's marine biologist Rebecca Mensch, who identified this shell – collected by Susan Hewitt on Turner Beach, Blind Pass in December 2016 – in December. Susan's find represents a new species occurrence on Sanibel/Captiva. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily programs are included with paid admission:

Live Tank Talks – Presented by a marine biologist throughout the day.

Mollusk Matinees – Talks presented by staff every Wednesday from 2 to 3 pm.

Arts & Crafts – 1:30 to 2:30 pm.

Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Teens Can Take Adventure Rope Course Challenge

Teen Scene participants from the Sanibel Recreation Center are invited to take part in a ropes course adventure on Saturday, January 28. During the van trip to TreeUmph! Adventure Course in Bradenton, teens will participate in a variety of multi-level ropes course challenges, working both individually and together to conquer the obstacles located in the exciting tropical canopy.

Transportation to TreeUmph! Adventure Course will be provided in the city's van. Lunch will be included as a part of registration. Participants are encouraged to bring water and additional snacks or drinks will be available for purchase at the location. Closed toe shoes are required for this event.

Registration is open to middle schoolers in grades sixth through eighth. Cost is \$35 for members and \$36 for non-members. Registration requested by Thursday, January 19.

The trip departs from the recreation center at 8:30 a.m. and will return at approximately 4:30 p.m. Van seating is limited. For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.



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From left, auction co-chair Jean Brinkerhoff with her assistants Linda Miller and Sandra Dalbec admire a bromeliad donated by RS Walsh photo provided

Shell Island Garden Club Annual Auction

Sanibel Community Church was the scene of lively bidding during the Shell Island Garden Club's annual auction. Member Fay Carney, serving as auctioneer, kept the group on their toes as she coaxed members to open their wallets in support of the club's charities and have some fun bidding against one another. Besides a shared interest in gardening, the club supports many local organizations.

The Shell Island Garden Club, which currently has 91 members, meets on the second Tuesday of each month from October to June at The Community House, 2173 Periwinkle Way on Sanibel. The next meeting will be held on Tuesday, February 14 at 11:30 a.m.

For more information about the club, contact Gerri Perkins at 201-400-2078.✱

City Of Sanibel Vegetation Committee

Do You Want To Reduce Your Water Bill?

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of City Hall grounds, planted exclusively with native plants. Upcoming tours of City Hall grounds will be held on:

- Saturday, January 28
- Wednesday, February 8 and Saturday February 25
- Wednesday, March 8 and Saturday, March 25

- Wednesday, April 12 and Saturday, April 22

Come walk the grounds for ideas on planting native vegetation that requires no fertilizer. Come see how to plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road, in front of the main staircase. For additional

information regarding the guided native vegetation tour, contact the city's natural resources department at 472-3700.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.✱

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One Of A Kind Artwork To Be Auctioned During Go Wild For 'Ding'



Jim Sprankle's gray phase screech owl feather pin
photos courtesy DDWS

A life-size aluminum alligator-heron sculpture, carvings by famed bird sculptor Jim Sprankle, and a limited-edition print by five-time Federal Duck Stamp winner Joe Hautman will be live-auctioned at the fifth annual fundraiser for the "Ding" Darling Wildlife Society-Friends of the Refuge. Go Wild For "Ding" – Give A Hoot takes place on Tuesday, February 8 at The Community House on Sanibel. This year's Go Wild theme continues a series of bird-themed events to benefit the birds, other wildlife, and conservation and education efforts at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

The one-of-a-kind alligator-heron yard art piece by artist Michael Mistler has been appraised at \$22,000. The sculpture is now on display outside the "Ding" Darling Visitor & Education Center near the handicap lift. To bid on the sculpture prior to the live auction, contact DDWS executive director Birgie Miller at 292-0566 or director@dingdarlingsociety.org.

The signed, framed Hautman print is the first of only three made of an original painting of brown pelicans commissioned by island wildlife art collector



Out of only three prints of a work by five-time Federal Duck Stamp winner Joe Hautman is up for live auction

Don Wildman, who is donating the print. It is valued at more than \$5,000. In addition to his fame as the most-winning duck stamp artist in the United States, Hautman is widely collected around the world.

Each year, Sprankle carves a feather pin to keep with the Go Wild theme. The bid winner becomes a member of the exclusive, 50-member Sprankle Feather Club, which flocks together for a special annual event. This year's signed and hand-carved, hand-painted pin will be modeled after the feather of a gray phase screech owl.

Sprankle has also carved an owl necklace slider. Winner of that auction item becomes the head of the Feather Club for the coming year, helping to plan 2018's feather club event.

All proceeds from the live auction will benefit the 8.15-acre Wulfert land acquisition campaign now underway for the refuge.

"For this year's theme we showcase the five species of native Florida owls," said Miller. "They include the barn, barred, burrowing, Eastern screech and great horned owl. Plan on joining us for tasty dishes from our local restaurants, a unique silent auction, live entertainment, and our always exciting live auction. Also this year for the first time, Go Wild goes green! No paper invitations and all compostable utensils, cups and plates."

"Seating is limited and we once again anticipate a



Bid on this one-of-a-kind alligator-heron sculpture before or during the event

sold-out crowd," added event committee member and DDWS president Doris Hardy. "We encourage people to reserve early. Only 100 reservations remain."

Admission to the February 8 event is by reservation only. Tickets to the Go Wild For "Ding" party are \$125 each. To receive an electronic invitation to Go Wild, call 472-1100 ext. 233 or email sarah@dingdarlingsociety.org. For more information, visit dingdarlingsociety.org/articles/go-wild-for-ding.

Event sponsorships are available; for more information, contact Miller at 292-0566 or director@dingdarlingsociety.org.

The following sponsors have already pledged their support for Go Wild For "Ding" – Give A Hoot. Champion Level: Mark and Gretchen Banks, Wayne and Linda Boyd, Jim and Patty Sprankle. Guardian Level: George & Wendy's Seafood Grille, Island Inn, Matzaluna The Italian Kitchen. Protector Level: Sarah Ashton and Jim Metzler, Mike and Terry Baldwin, Amanda Cross, Queenie's Ice Cream, Sanibel Catering Company, Totally Baked on Sanibel. Defender Level: Barrier Island Title Services, Doug and Sherry Gentry, Greenwood Consulting Group, Phyllis Gresham, Gulf Coast Landscape Nursery & Supply, John Grey Painting, Hank and Linda Spire, and Tree West LLC. ✱



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Aerial view at Sanibel's Lighthouse Beach July 22, 2016

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The Documentary

Our Coastal Waters: Our Legacy

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Sanibel Community House

Documentary Producers

David E. Carter, 7-time Emmy winner
Larry Doyle, CBS News Bureau Chief

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Gotta Love Shiner Fishing In January



by Capt. Matt Mitchell

The hot, cold and then hot again weather has so far not given fishing a chance to get into a usual winter pattern for more than a couple of days at most. Most winters,

we see a cold front roll through almost weekly keeping our water temperatures in the mid to low 60s. So far this winter, we have only been getting a cold front about once a month, which has allowed our water temperature to suddenly drop then creep right back into the low 70s. This is not a bad thing it just means you have to approach fishing this winter a little differently.

Fishing has been great as long as you play along accordingly with the water temperatures. For the first few days after the passing of a strong cold front when

the water is cold, it's been like any other winter catching sheepshead with shrimp for bait. Sheltered mangrove creeks with strong tide movement and barnacle crusted docks off the intercostal and around the passes have been on fire with sheepshead of all sizes. The coldest days right after a cold front has passed have been the most productive. With each passing cold front, we get a new batch of spawning sheepshead moving in from the gulf.

Other action, while shrimp fishing post-cold front, has included permit and pompano in the sand and shell bottomed mangrove creeks along with quite a few black drum. Our trout fishing has sure got a whole lot more consistent over the past few weeks too with trout after trout being caught on popping cork rigs on the more sheltered clear water flats. Sheltered clear grass flats can be found along the whole bay side of Sanibel. Look for the flats that are three to four feet deep with lots of small white sand holes. If you spend an hour or so popping corks, you will eventually get your limit of trout along with a mixed bag of jacks, ladyfish and bluefish. Live shrimp have been the better bait for this and, remember when your float goes down, just reel until the rod bends. Setting the hook on a trout will most likely rip the hook right out of



A 31-inch snook caught and released with Capt. Matt Mitchell this week

their paper-thin mouth.

After just a few days of a post-cold front sheepshead fishing, it's been right back to throwing a cast net to catch shiners for bait and then targeting catch-and-release snook. As water temperatures have rebounded back into the high 60s, the snook bite has been going off not only in the usual mangrove creeks of winter but in places in the open sound and close to the passes where these snook would usually be during springtime. Being able to go live chumming, shiners in the middle of January is a awesome thing. This week we caught snook up to 31 inches all over the sound. As long as we still have

shiners in the sound, this snook bite will continue to be great.

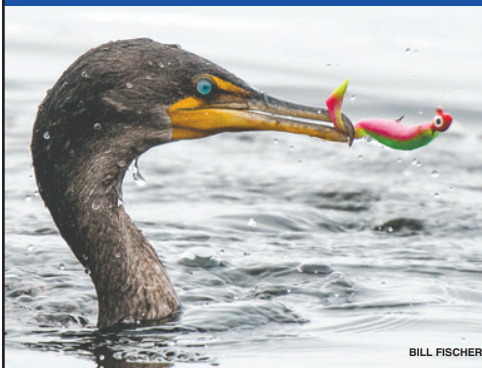
So far we have been lucky enough to have had a very mild winter. The few strong cold fronts we have had have been really spread out and only completely changed our fishing for a couple of days at the most to our usual winter pattern. Any year that I'm still shiner fishing in the middle of January, life is good.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. **

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-0113.

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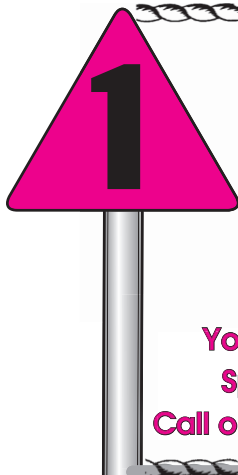


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CROW Calendar Of Events



CROW Hospital Director Dr. Heather Barron
photo provided

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, January 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, January 20, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Friday, January 20, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Saturday, January 21, 11 a.m., adults \$7, teens \$5, 12 and under no charge CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs

of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Saturday, January 21, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Monday, January 23, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, January 23, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

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Tuesday, January 24, 11 a.m., adults \$7, teens \$5, 12 and under no charge CROW Case of the Week, presented by a CROW student.

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Tuesday, January 24, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5
continued on page 20



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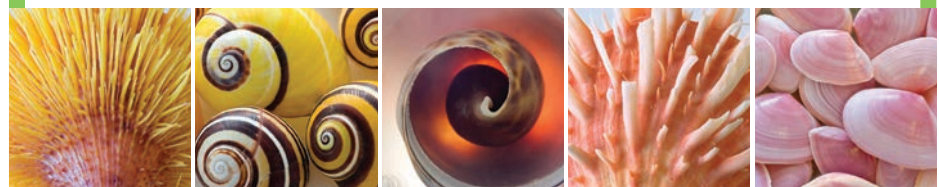


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Peruvian Primrosewillow



Peruvian primrosewillow is listed as a Category-I invasive plant photo by Gerri Reaves
by Gerri Reaves

Peruvian primrosewillow (*Ludwigia peruviana*) was introduced as an ornamental because of the pretty flowers. However, this member of the evening-primrose family is now a Category 1 invasive pest plant, according to the Florida Exotic Pest Plant Council. Plants in this category “are altering native plant communities by displacing native species, changing community structures or ecological functions, or hybridizing with natives.” This determination is based “on the documented ecological damage caused.” Also called Peruvian water-primrose, it is native to many parts of Central America, Mexico, the Caribbean, and South America. It thrives in and alongside swamps, lakes, ditches, marshes and canals. A propensity to form standing or floating monocultures -- floating islands -- can threaten aquatic plants and animals by deoxygenating the water. This long-lived multi-branched shrub can reach more than 12 feet high. The dark-green alternate leaves have prominent veins and paler undersides, on which the veins are very noticeable. Leaf shapes vary from lanceolate to elliptical to ovate. Newer stems and leaves are often hairy. Showy yellow flowers are borne singly, measure about two inches across, bloom year ‘round, but last only a day. They have four (sometimes five) rounded petals and four persistent sepals, the outer leaf-like structures surrounding the flower. The plant bears an elongated four-angled reddish or brownish fruit. This invaders spreads by seeds, suckers, or submerged stems via wind, birds, water or even lawn or agricultural machinery. Although this species provides nectar for some native butterflies, you’ll help them

more by replacing this invasive plant with native nectar sources such as the native Mexican primrosewillow (*Ludwigia octovalvis*). Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, ifas.ufl.edu, and keyserver.lucidcentral.org. *Plant Smart explores the diverse flora of South Florida.*✱

From page 19
CROW Calendar

hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.
Tuesday, January 24, 4 to 4:15 p.m., adults \$7, teens \$5, 12 and under no charge – Speaker Series: Story of Ospreys with presenter Claudia Burns, volunteer for International Osprey Foundation.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April, and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. Photos, videos and recorded vocalizations are used to explain osprey behavior.

Wednesday, January 25, adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.
After a patient stabilizes in the hospital, CROW’s rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW’s animal ambassadors will be present.

Wednesday, January 25, 12 to 1:30 p.m., \$30 per person, advance registration required – Lunch and Learn with Dr. Barron.
Lunch and Learn is an intimate and engaging discussion with CROW’s Hospital Director Dr. Heather Barron. During this program, she describes CROW’s role in supporting the interconnectedness of human health, animal health and environmental health.
Reservations include a boxed lunch catered by the Sanibel Deli and

concludes with a tour of CROW’s hospital and rehabilitation grounds. Not recommended for children under the age of 13.
Wednesday, January 25, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.
After a patient stabilizes in the hospital, CROW’s rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW’s animal ambassadors will be present.
Thursday, January 26, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.
Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.
Thursday, January 26, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.
Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW’s animal ambassadors will be present.
Thursday, January 26, 2 p.m., adults \$7, teens \$5, 12 and under no charge CROW Case of the Week, presented by a CROW student.
CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.✱

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CROW Case Of The Week:

Glue Trap Victims

by Bob Petcher



Known as one of the cruelest methods of killing animals, glue traps are trays, cardboard, fiberboard or plastic coated with an extremely sticky adhesive that is often used

to capture rodents, insects and snakes. Unfortunately, these animals and many other animals get stuck to this type of surface and usually suffer a slow death by starvation or suffocation.

The key word here is "suffer."

According to several sources, glue traps have been known to rip patches of skin, fur and feathers off the animals' bodies as they struggle to escape. Like being stuck in a snare, many animals even chew off their own legs trying to get free. Then there are animals that get their faces stuck in the glue and suffocate, which can take hours. During trap time, animals generally scream in pain and upset the trappers who become undecided on how to "dispose" of the living creatures. The U.S. Humane Society states glue traps are "responsible for more suffering than virtually any other wildlife control product on the market."

At CROW, two unintended targets of glue traps – both birds – were brought in

recently. An eastern screech owl arrived on January 6 from Fort Myers and a northern cardinal came in on January 11 from Sanibel.

The eastern screech owl had its feathers stuck to a glue board and glue residue was all over the victim. It was found when the homeowner checked on the trap that was set a few days prior. CROW officials applied warm water and soap to free the owl from the board and remove the glue on its feathers. The short, stocky bird was moved to an outside enclosure so that it could resume flying and build wing strength and flight stamina. Last Thursday afternoon, CROW officials reported the patient was taking short flights. A release is expected once the owl completes longer flight durations.

The northern cardinal (*Cardinalis cardinalis*) had its feet and its upper body stuck to a glue trap. Glue was also found on the bird's beak and covering its nose opening. The long-tailed songbird was found during a daily check by the homeowner. At CROW, officials used warm canola oil to free the cardinal and remove the glue. Last Thursday, it was reportedly receiving supportive care. It was released the following day.

"Any animal that gets caught in glue traps suffer to some extent, but these two patients were extremely lucky and could be released," said CROW DVM intern Dr. Spencer Kehoe. "Some physical signs are obvious but there are hidden factors such as dehydration and stress once they are trapped that can do just as much damage."



Eastern screech owl stuck to a glue board
photos by Kenny Howell

Kehoe reported the cardinal arrived with its feet stuck to its chest and glue stuck on its beak covering its nares. "Cardinals mate for life, so it was critical that it was released as soon as possible," he said.

Kehoe stated the glue on the screech owl's wings prevented it from flying. "It has been building its strength taking short flights in the outside enclosure and is expected to be released soon," he said.

According to Kehoe, several humane measures to serve as alternatives to glue traps include sprays, mouse traps and electronic rodent repellents. "Even having



Northern cardinal with glue stuck to its face

a simple house cat will help solve a lot of problems. Whatever you decide to use, just make sure it is quick and humane and reduces the time of suffering for the animal."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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CROW Hospital Director To Speak



Dr. Heather Barron
photos courtesy Sanibel-Captiva Audubon



Dr. Barron holding Ozzie the bald eagle

The next Sanibel-Captiva Audubon program features Dr. Heather Barron, hospital director at Sanibel's Clinic for the Rehabilitation of Wildlife (CROW). Dr. Barron will give a presentation entitled Soaring into the Future of Wildlife & Conservation Medicine on Thursday, January 26 at 7:30 p.m. at The Community House. Dr. Barron's program will highlight the importance of wild bird health and what CROW is doing locally to ensure the welfare of these feathered friends.

Dr. Barron's photographic program will concentrate on her activity promoting conservation medicine, a new field relative to human, animal and environmental

health. She will emphasize recent advances in avian medicine and what CROW, as a leader in the field, is doing to benefit birds and the local community through research, education, conservation, collaboration, and innovation of cutting-edge medical and surgical techniques.

This is the fourth of eight Sanibel-Captiva Audubon lectures to be held this year. All are welcome. Doors open at 6:30 p.m. and parking is available at The Community House and the Herb Strauss Theater parking area. A \$5 donation per attendee is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida. For more information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.

The Community House is located at 2173 Periwinkle Way.✧

Apply For Preservation Committee

Are you interested in the preservation of Sanibel's unique history?

Would you like to help provide residents and visitors reflections of the island's history and the pre-historic period up to and including the incorporation of the City of Sanibel?

Then, apply for the Sanibel Historical Preservation Committee.

Qualifications:

- Members are appointed by City council for one-year terms
- Appointees must be full time residents of Sanibel
- Appointees must have knowledge, skills or interest in historical preservation

Responsibilities:

- Attend committee meetings on the first Thursday of each month at 9 a.m. in MacKenzie Hall at City Hall (800 Dunlop Road)
 - Assist in the acquisition and de-accession procedures of materials and objects acquired by the committee
 - Assist the City's Historical Preservation Committee in collecting, procuring, preserving and displaying items relating to the history of the islands of Sanibel, Captiva and their environs
 - Other duties as outlined in the City of Sanibel's ordinances
- Visit www.mysanibel.com to apply or pick up an application at City Hall, 800 Dunlop Road. Applications may also be returned via email to the City clerk at pamela.smith@mysanibel.com, via fax at 472-3065, or in person to City Hall.
- The deadline for submission is Friday, January 20, 2017.
- If you have any questions, contact the City manager's office at 472-3700.✧

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From page 1

Panthers Spotlighthed



Alexis Horn delivering her lecture on Florida panthers photo by Jeff Lysiak

said during her January 12 lecture delivered at the SCCF Nature Center. “Nobody really saw them, but they knew they were out there.” According to Horn, people used to be allowed to shoot panthers in Florida for sport or a bounty. Florida panthers (*Puma concolor coryi*) have been listed as an endangered species since 1967 in recognition of its small population size and geographic isolation. A native Floridian, Horn has worked in the environmental field for more than a decade. She worked as an endangered species biologist with the National Oceanic and Atmospheric Administration, served as an adjunct professor of biology and environmental science, and ran the Florida Panther Campaign for the National Sierra Club.

During her lecture last week, Horn explained some details about the rare species, including their size, life expectancy, habitat and range – 200 miles for males; 75 miles for females. The majority of panther populations in the state are located south of the Caloosahatchee. They are most active between dusk and dawn, and eat wild hogs, deer and small mammals including raccoons and opossums. However, panthers are very shy, so they are rarely seen.

“There has never been a documented panther attack on humans,” said Horn. “They don’t want to interact with people, so there’s no need to worry about running into one if you’re on a hike.”

According to the Florida Fish & Wildlife Conservation Commission, panthers normally live in remote, undeveloped areas. However, as the number of people in southern Florida grows, there is an increased chance of an encounter with a panther. Florida panthers are found primarily in the Big Cypress/Everglades ecosystem in Collier, Lee, Hendry, Monroe and Miami-Dade counties.

While Horn stated that the current estimate of Florida panthers is between 100 and 180, their numbers declined to roughly 30 cats in the early 1980s. Severe inbreeding resulted in many health and physical problems, including heart defects and bent/disfigured tails. A genetic restoration project in 1995, in which eight cougars from Texas were released to breed with Florida panthers, was successful in improving the genetic health and vigor of the panther population.

The biggest threat to the future of the Florida panther, Horn noted, is habitat loss. A number of panthers also die each year due to vehicle strikes on roadways. Vehicular deaths of panthers in Florida have increased annually over the past four years, going from 14 in 2013 to 25 in 2014, 30 in 2015 and 39 last year.

“As Florida’s population grows, this is going to continue to be an issue,” said Horn. In addition to promoting smart growth, education and living cooperatively with these big cats, one of the growing solutions to assisting the Florida panther population is wildlife corridors. The Florida Department of Transportation has constructed more than 70 wildlife underpasses on busy state roads throughout south Florida, each costing from \$1 million to \$2.5 million.

Once through the underpass, panthers – and other animals – must swim across the Caloosahatchee, and researchers have only recorded a handful of full-grown male panthers doing so. Horn pointed out that in 2016, the first female panther since 1973 was recorded roaming north of the Caloosahatchee.

“(Wildlife corridors) are all about making them safe and allowing them to move between those areas,” added Horn. “They work, they’re really effective and incredibly important to put in.”

Horn’s lecture on Florida panthers will be repeated on Tuesday, February 14 at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road. The program will begin at 10 a.m. The cost to attend is \$5 for adults; no charge for children and SCCF members. For more information, call 472-2329 or visit www.sccf.org.


Everglades & Caloosahatchee Update: Myth vs. Fact

The past year you've seen and heard conflicting opinions and explanations about water conditions. This is your chance to get your questions answered.

Monday, January 30
Refreshments at 6:30 pm – Program at 7 pm
Sanibel Community House — 2173 Periwinkle Way


Have you heard these Myths?

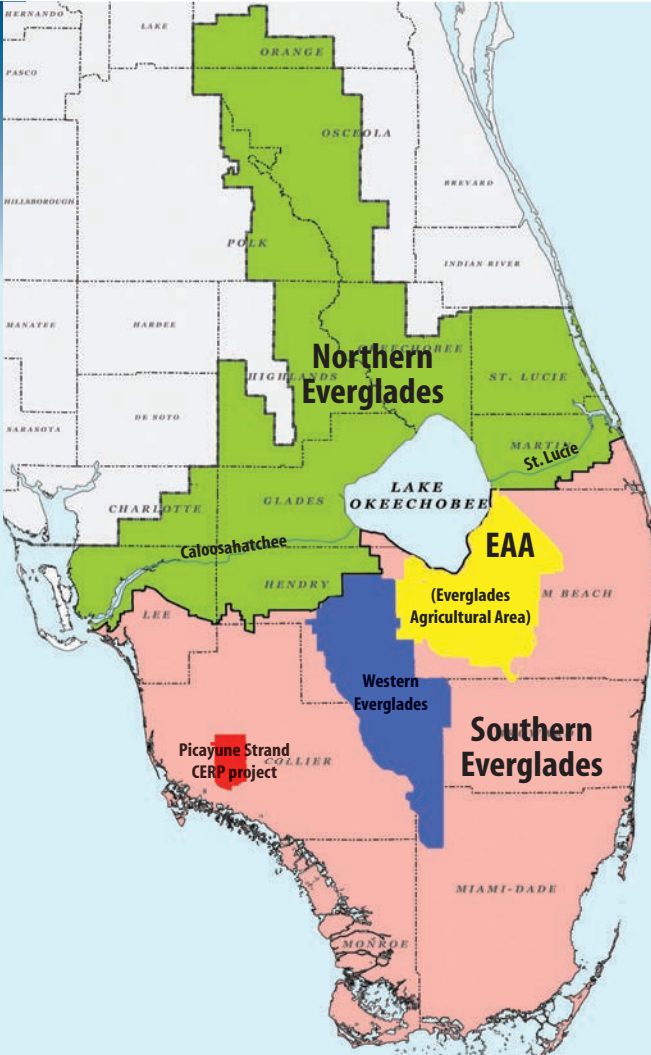
- Restore the Herbert Hoover Dike so we can solve the estuaries’ problems by storing more water in Lake Okeechobee
- If we store and treat water north of the lake we don't need to buy more land south in the EAA
- Everglades advocates want to eliminate Ag, take Ag land and jobs, and flood their communities
- Ag has already “given up” over 100,000 acres of land
- Ag water quality south of the lake is good, the pollution problem is coming from north of the Lake
- Poor coastal water quality is primarily caused by coastal septic tanks



Get the Facts

For info call 472-2329. Free.
No registration required.





Welcome to Jerry's of Sanibel

Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

Regards,

Jerry's of Sanibel

1700 Periwinkle Way, Sanibel Island, FL 33957



food for the whole team

..... Thur., 1.19.2017 - Wed., 1.25.2017

Ground Chuck
80/20

save
1.00/lb.

4⁹⁹
lb.

Proudly
Serving
Starbucks!

GRAND OPENING

FEATURING: COQUINA, STARBUCKS, JERRY'S, KITCHEN

New Coffee Shop • New Wine & Beer Section • New Specialty Cheese Department
Remodeled Deli & Cafe • Remodeled Soup & Salad Bar

Hormel Gatherings
Pepperoni
& Hard Salami
28 oz.

save
1.00

14⁹⁹



Cedar's
Pita Chips

Selected Varieties
6 oz.

save
1.00

3⁹⁹



Fresh, Seedless
Green or
Red Grapes

save
1.00/lb.

2⁹⁹
lb.



Fresh Baked
Cheese
Bread

save
1.00

3¹⁹



NEW!

Come enjoy
our new coffee
shop & specialty
cheese counter!



Bud Light
Beer

24 Pack Cans

save
1.00

21⁹⁹



NANNY'S
CHILDREN'S SHOPPE



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with this ad

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Sizes Infant - 14 • Books and Gifts.
Jerry's Shopping Center
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On The Island Since 1982

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1700 Periwinkle Way
Sanibel Island, FL
Open 6AM - 10PM
jerrysfoods.com

JERRY'S
Foods

At Periwinkle & Casa Ybel

ISLAND FARE

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.

2075 Periwinkle Way (Periwinkle Place), 472-2525

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night,



From left, Luke Czaster and co-owners Debi Almeida and Joey Almeida of Joey's Custard.

photo by Bob Petcher

Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well

drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends. The patio lounge menu includes a selection of "happy apps" starting at \$8 and half price drinks during happy hour from 5 to 7 p.m. Dinner reservations are suggested.

1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow

ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jago. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-year-old, multigenerational farm in Southwest Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheesesteak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, homemade muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out the new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around

the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare. 2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers coffees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path.

2407 Periwinkle Way Suite 1, 312-4503

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local

seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m. 703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

Sanibel Marina

Gramma Dot's
Ireland Yacht Sales
"Dedicated to Yachting Excellence"

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SEASIDE DINING

Taste of the Islands "People's Choice Award"
Winner Seven Continuous Years

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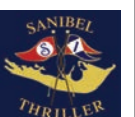
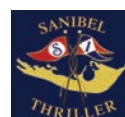


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Reservations are required • Also Available for Private Charters

Departing from Sanibel Marina

634 N. Yachtsman Dr. • Sanibel Island



Sanibel Sea School Receives Grant From Community Foundation



Students from Ms. Akin's class in LaBelle visited the Sanibel Causeway to learn about seagrass ecosystems photo courtesy Sanibel Sea School

Sanibel Sea School received a Community Impact Grant from the Southwest Florida Community Foundation that will make it possible for more Hendry County students to experience the ocean in 2017.

Participants will visit Sanibel each month to take part in field-based marine science lessons, which will be developed in close partnership with teachers to support their classroom curriculum.

"It is easy to take our proximity to the ocean for granted in Southwest Florida," said Sanibel Sea School's Director of Education Nicole Finnium, "but there are plenty of families that, for mostly economic reasons, are unable to visit the coast on a regular basis. Many of the students we work with from Hendry County have only been to the beach once or twice, and most have never had a formal ocean learning experience."

Both Finnium and Dr. Bruce Neill, executive director, expressed gratitude for the community foundation's support. "This grant makes it possible for us to spend less time fundraising and more time in the water with kids, focusing on our mission," said Neill.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time. The organization offers field-based educational experiences including day programs, camps and expeditions for children and adults, and has a robust scholarship program to ensure that financial circumstances never prohibit an individual from attending. In 2016, Sanibel Sea School provided more than 1,100 scholarship days to students in need.

For more information, visit www.sanibelseaschool.org.

Osprey Presentation At CROW



Osprey carrying a fish photos courtesy International Osprey Foundation



Osprey eating a fish

The Clinic for the Rehabilitation of Wildlife (CROW) will present The Story of Ospreys on Tuesday, January 24 at 4:15 p.m. in their Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe.

But it is not always easy to understand, so presenter Claudia Burns, who has monitored osprey nests for 20-plus years as an International Osprey Foundation volunteer, uses photos, videos and recorded vocalizations to explain osprey behavior. The presentation is generously sponsored by the Sanibel-Captiva Rotary Club and dedicated to Mark "Bird" Westall, founder of The International Osprey Foundation, who is suffering from ALS.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration and is located across from The Sanibel School. Registration is required for the presentation, with admission of \$10 for adults, \$5 for teens and free for children under 13.

For more information or to register, call 472-3644 ext. 228, email rainbolt@crowclinic.org or visit www.crowclinic.org.

PIZZA. BEACH. SLEEP. REPEAT...!



239-47BEACH
(239-472-3224)

www.beachpiez.com

2441 Periwinkle
Way

In Bailey's Shopping Center

Monday - Wednesday 11am - 9pm Thursday - Saturday 11am - 10pm
Sunday 12pm - 9pm

Pizza & Wings

Fresh from the oven waiting for you

Subs

For when you need a sub

Drinks

Water and Coke products

Delivery to job sites, businesses AND
beach access from open to close!

IL CIELO

BRUNCH MENU



Belgian Waffle with Mixed Seasonal Berries 12
Whipped Cream, Fresh Mint,
Choice of Ham, Bacon or Sausage

Short Stack Pancakes 12
Buttermilk whipped butter,
Wisconsin Maple Syrup
Choice of Ham, Bacon or Sausage

Skillet Potatoes and Eggs 14
Roasted Potatoes, Andouille Sausage,
Corn, Spinach, Shrimp and Cheddar
(Poached, Scramble, Over Easy,
Sunny Side Up) (GF)

Il Cielo Breakfast 15
Roasted Potatoes, Choice of Ham,
Bacon Or Sausage, Grilled Tomato,
English Muffin or Bagel
(Poached, Scrambled, Over Easy,
Sunny Side Up) (GF)

Biscuits, Eggs and Gravy 14
Sage and Maple Sausage Gravy
Choice of Ham, Bacon or Sausage
(Poached, Scrambled, Over Easy,
Sunny Side Up)

Shrimp and Grits 15
Jumbo Gulf Shrimp, Cheddar Grits,
Scallions, Bacon, Creole Sauce
Corned Beef Hash & Eggs 14
Bell Peppers, Onions, English Muffin,
Roasted Potatoes (Poached, Scrambled,
Over Easy, Sunny Side Up)

Three Egg Omelet 16
English Muffin or Bagel
Select five items from below.
Vegetables: Asparagus, Red Peppers,
Onion, Scallions, Tomato, Mushrooms,
Spinach, Zucchini and Broccoli
Cheeses: Yellow Cheddar, Gorgonzola,
Feta, Parmesan and Mozzarella
Meats / Fish: Smoked Bacon Sausage,
Ham, Canadian Bacon, Petite Shrimp,
Corned Beef (GF)

Soup Cup 5 Bowl 7
Minestrone
Chef's Daily Inspiration

Caesar Salad 9
Crisp Hearts of Romain
House-made Caesar Dressing
Focaccia Croutons
Add: 4oz Petite Filet 12 Chicken 8
Salmon 12 Jumbo Shrimp 10 (GF)

Heirloom Caprese Salad 10
Fresh Mozzarella, Arugula,
Balsamic Reduction (GF)
Watermelon Salad 9
Mixed Greens, Orange Supremes,
Goat Cheese, Shaved Red Onion,
Pear Gastrique (GF)

Seared Scallops* 14
Corn and Tomato Relish, Cucumber,
Lemon Grass-Ginger Vinaigrette (GF)

Baked Jumbo Lump Crab Cake 14
Roasted Potato, Spinach, Bacon Hash
Chive Beurre Blanc

Butternut Squash Ravioli 16
Brown Butter, Sage, Butternut Squash and
Mushrooms

North Sea Blackened Salmon 18
Potatoes, Bell Peppers, Corn, Spinach
Creole Sauce (GF)

Chicken Marsala 16
Tuscan Potatoes, Petite Vegetables,
Mushroom, Marsala Demi

(Selections, Pricing & Hours subject to change)

*Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food borne illness



Seasonal Sunday Brunch Hours

11am -2pm

We pride ourselves in presenting unparalleled service, a splendid environment and unforgettable cuisine.

Enjoy a romantic dinner of fresh Local Seafood, great Steaks, American Lamb and
Fresh Florida Produce. Sample our carefully curated wine list or one of
our specialty cocktails. Dont forget to try one of our
Made-In-House Desserts.

HOURS OPEN

Monday - Sunday from 4:30-9PM
For reservations, call 239.472.5555

www.IlCieloSanibel.com

www.OpenTable.com

Follow us on www.facebook.com/IlCieloSanibel

Monthly Photo Contest Winner



Last month's winning photograph photo by Karen Krooswyk

The winner of RS Walsh Landscaping's December photo contest is Karen Krooswyk. The theme of the December contest was Sea Creatures. Submitted photos were posted on RS Walsh's In The Garden Facebook page and at the company's Sanibel garden center. Visitors to the Facebook page and the garden center were able to vote on their favorites. Krooswyk's photo of a crab received the most votes. The amateur photographer was walking on the Sanibel beach near the lighthouse on the morning of December 8 and came across the crab. Krooswyk will receive a \$50 gift certificate to In The Garden and her photo will be printed in a local newspaper. Honorable mentions went to Cliff Beittel, Kim Short, Diane Silhavy and Judie Ann Zimomra. The January contest theme is Fishing – Catch Of The Day! and the deadline for submissions is Friday, January 20. Submissions should include the photographer's

name, phone number, location of the photo and a short story behind the photo. Up to five photos per person are allowed. Submissions can be sent via e-mail to inthegarden@rswalsh.com. Finalists will be posted on RS Walsh's Facebook page, website and displayed at RS Walsh In The Garden. "We enjoy the opportunity to see our islands from the perspective of the photographers," said Robert Walsh, president of RS Walsh Landscaping. "We are happy to showcase the work of these talented photographers and highlight the beauty of Sanibel and Captiva." RS Walsh In The Garden – Retail Garden Center & Outdoor Showroom is located at 3889 Sanibel Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. until 4 p.m. and on Saturday from 9 a.m. until 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.

From page 1

Tenors Collide

Others in the cast are Megan Orlowski as Diana, a sexy soprano, Nancy Antonio as Julia, a member of the opera board, and Tommy Short, a hoot as the star-struck bellhop. The cast ricochets around the stage like acrobats and seem to be having an absolute ball doing it. Max, an aspiring tenor himself, is assigned to babysit Tito. Things go wrong and Tito winds up in such a comatose state that Max believes he is dead. Saunders, worried about losing money, urges Max to go on in Tito's place. Later, when Tito awakens and attempts to make his presence known, the result is a whirlwind of mistaken identities and romantic complications. There is one crazy scene after another, with doors being slammed shut right and left. When Max appears newly outfitted in his lavish costume and blackface, the audience roars. Max soon begins to revel in his new identity. The funniest scene is where two men are in identical *Otello* costumes being simultaneously seduced by two women in different rooms of a hotel suite.

There's also an amusing scene early on when Tito gives a singing lesson to the harried Max. It involves both of them running around the room, gesticulating wildly. These two, along with the snarky Saunders and his daughter Maggie, are the play's strongest characters but the entire cast makes it all come together. Everything works out in the end but not without some crazy twists and turns. That's the charm in farce. The curtain call is also one of the most clever I have ever witnessed. *Lend Me a Tenor* plays through February 10 at BIG ARTS Strauss Theater, 2200 Periwinkle Way. Directed by Ann Neiman, it's one you'll want to see. Tickets are available online at www.BIGARTS.org, or call 395-0900.



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Black skimmers photo by France Paulson

Bird Walk At Bunche Beach

The next Sanibel-Captiva Audubon Saturday bird walk will be held on Saturday, January 21 at Bunche Beach. Participants will meet at the beach parking lot at 8 a.m. The parking fee is \$2 per hour. Waterproof shoes are a must because participants will walk through tidal pools on the walk. These bird walks are open to public and all levels of experience. A \$2 donation is appreciated. Call Hugh Verry at 395-3798 for more information.✪

Shell Found



Rick Absher photo provided

Rick Absher, visiting from West Chester, Ohio, found a junonia on Bowman's Beach on January 12. Absher said he's been searching for 10 years but "finally found it" during low tide and a full moon.✪

Fish Caught



Hal Dickelman photo provided

Hal Dickelman, visiting from Minnesota, caught a sheephead off a local bridge on Sanibel. Dickelman's sons liked how their father's outfit matched the bridge.✪

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Conductor Mike Lamade

Concert Band Performance

The Sanibel BIG ARTS Concert Band will present an evening of music at Zion Lutheran Church, located at 7401 Winkler Road in Fort Myers, on Friday, January 27 at 7 p.m.

Mike Lamade, music director/conductor of the 50-piece ensemble promises a program that will appeal to all. “We’ll be playing a wide variety of music: marches, light classical pieces, showtunes, music from the ‘silver screen’ with vocal and instrumental solos.”

Included will be the *Theme from The Apartment* for piano and band, *Harlem Nocturne* for alto saxophone and band, and *I Dreamed a Dream* from *Les Miserables* for soprano and band.

“This will be our first appearance at Zion Lutheran, and we are very excited to be performing in this beautiful venue,” Lamade added.

Admission to the performance is free. A love-offering will be received.✧



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The Naughton Sisters Are Paired To Perfection For BIG ARTS Audiences



Christina and Michelle Naughton

photo courtesy BIG ARTS

The Herb Strauss Theater at BIG ARTS is set to deliver the delightful auditory equivalent of double vision of the Naughton Sisters to the stage on Thursday, January 26. “Stellar musicianship, technical mastery and awe-inspiring artistry,” is how the *San Francisco Examiner* describes the experience that Christina and Michelle Naughton bring to audiences with their astonishing duo piano act.

The Naughton Sisters have lived together their entire lives, and as Warner Classics recording artists have captivated audiences throughout the globe with the unity created by their mystical musical communication. Born in Princeton, New Jersey to parents of European and Chinese descent, the pair are graduates of Julliard School and the Curtis Institute of Music, where they were each awarded the prestigious Festschwarz Prize. Since then, they’ve gone on to play in venerated venues around the world, such as the Hong Kong Philharmonic, the Herkulesaal in Munich, the Los Angeles Philharmonic at Walt Disney Hall, and have appeared with the St. Petersburg Philharmonic, among many others.

It is difficult to describe their mesmerizing and beautiful music without seeing the pair perform, and the twins have described their chemistry on stage to the *Wall Street Journal* as unique in that “there are times I forget we are two people playing together.” Audiences at BIG ARTS can experience this firsthand as they perform their original compositions as well as arrangements of classical tunes that everyone can appreciate.

Visit www.BIGARTS.org to learn more and to purchase tickets. Tickets can also be purchased by calling 395-0900.✧

Arts & Crafts Fair

Saturday, February 4
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• Paintings	• Glasswork	• Tropical Plants

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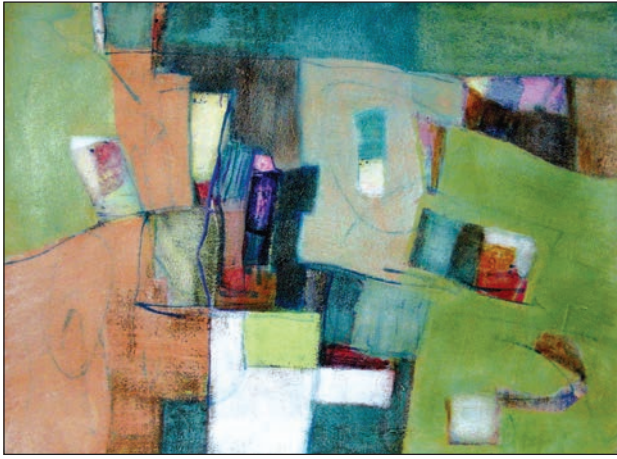
Petticoat Painters Exhibit At BIG ARTS

The Petticoat Painters will open an exhibition of members' works on Friday, February 17 at BIG ARTS. An opening reception will take place that evening from 5:30 to 8:30 p.m.

The Petticoat Painters is one of the oldest continuously exhibiting women's art groups in the United States. This group was formed in 1953 to showcase the talents of female artists at a time when women had difficulty in finding venues to show their work.

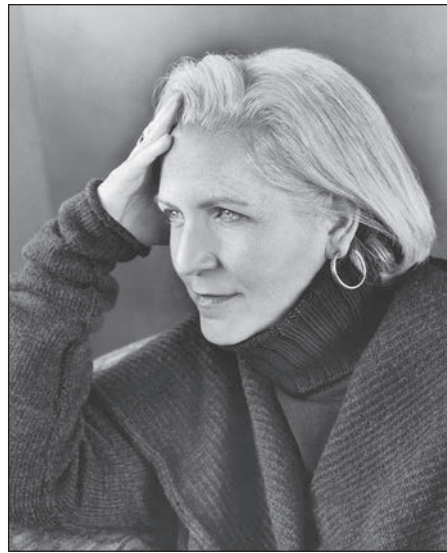
Seven women participated in the first show held at a Sarasota, Florida gallery. These original members selected the name Petticoat Painters, thinking it would be a one-time showcase of their work. The name continues to be used both in honor of the founders and to retain its historical signature. The membership is limited to 20 women, and acceptance is by invitation only.

The Petticoat Painters exhibit will remain on view from February 8 to March 18. BIG ARTS is located at 960 Dunlop Road. For gallery hours or additional information, call 395-0900 or visit www.bigarts.org.



Acrylic on paper by Maddy Ginsberg

image courtesy BIG ARTS



Terry Tempest Williams

photo provided

Rachel Carson Distinguished Lecture

The Center for Environmental and Sustainability Education at Florida Gulf Coast University announced that Terry Tempest Williams will be presenting the upcoming Rachel Carson Distinguished Lecture. The lecture will be held on Friday, February 3 at 7 p.m. at St. Michael and All Angels Episcopal Church on Sanibel.

A naturalist and advocate for freedom of speech, Williams is known as a crucial voice for ecological consciousness and social change. She is the author of 15

books, including the environmental literature classic, *Refuge: An Unnatural History of Family and Place* as well as *An Unspoken Hunger: Stories from the Field* and *The Open Space of Democracy*. She has received a John Simon Guggenheim fellowship and a Lannan Literary Fellowship in creative nonfiction. She is the recipient of the John Muir Award by the Sierra Club and the Robin W. Winks Award from the National Parks Conservation Association. Williams is also a founding member of the board of advisors of the Center for Environmental and Sustainability Education at FGCU.

Her most recent book, *The Hour of Land: A Personal Topography of America's National Parks*, was published in June 2016 to coincide with and honor the centennial of the National Park Service. Williams' lecture on Sanibel, titled *The Hour of Land: Rachel Carson and America's Protected Lands*, will draw connections between the legacy of Rachel Carson, the lecture series namesake, and her recent book.

Carson's work is the inspiration for the Center for Environmental and Sustainability Education. Her contributions, most relevant to the mission of the center, are public policy- based on sound science and ethics, active participation of an ecologically literate citizenry, and appreciation of the natural world through the literary arts and environmental education. The 2017 Rachel Carson Distinguished Lecture is free and open to the public.

For more information, visit www.fgcu.edu/cese, email thecenter@fgcu.edu or call 590-7025.

Play Auditions

Children ages 5 to 13 are being sought to audition for the production of the Disney musical *Jungle Book* on the newly renovated stage at The Community House on Sunday, January 22 from 11 a.m. to 1 p.m.

To sign up for an audition time or to find out more information, parents can go to www.ctw.life. Rehearsals will be on Sunday afternoons, and the shows are March 31 to April 7.

The Community House is located at 2173 Periwinkle Way.

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Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email ocean@comcast.net or contact the center.

The featured book on Wednesday, February 8 at 2:30 p.m. is *Cry, the Beloved Country* by Alan Paton.

"Cry, the Beloved Country, the most famous and important novel in South Africa's history, was an immediate worldwide bestseller in 1948. Paton's impassioned novel about a black man's country under white man's law is a work of searing beauty. Cry, the Beloved Country is the deeply moving story of the Zulu pastor Stephen Kumalo and his son, Absalom, set against the background of a land and a people riven by racial injustice. Remarkable for its lyricism, unforgettable for character and incident, Cry, the Beloved Country is a classic work of love and hope, courage and endurance, born of the dignity of man." – Goodreads

Edison Ford Winter Estates Inside The Homes Tour and River Cruise – Monday, January 30. Cost is \$67 for members and \$72 for non-members.

Begin the adventure with a

scenic river cruise, narrated by a knowledgeable captain and docent. Lunch is on your own at Pinchers Restaurant, located on the Caloosahatchee. After lunch, take a tour inside the homes, where you will step back in time and imagine Fort Myers as it was for Thomas Edison. Discover how Edison lived, studied, dined and entertained in this behind-the-scenes tour. Advance registration is required by Friday, January 27. Limited to 20 participants, first come, first served.

CROW Education Center

Walking Tour – Friday, February 3. Cost is \$20 for members and \$25 for non-members.

Tour starts with a half-hour overview of the state-of-the-art Education Center provided by CROW Executive Director Linda Estep, followed by a tour of the grounds of CROW with Rachel Rainbolt, education coordinator. Rainbolt who will provide an in-depth look at the inner workings of the hospital and the treatment process. Meet an animal ambassador (a permanent resident of CROW that cannot be released back into the wild because of an injury). Carpooling available. Limited to 20 participants, first come, first served. Registration deadline is Monday, January 30.

Arts & Crafts Fair – Saturday, February 4 from 9 a.m. to 2 p.m. More than 40 local vendors will be selling their creative designs. Pottery, shell designs, paintings, fabric art, jewelry, glass works, books, tropical plants, photography, wreaths and canned goods. Sponsored by the Center 4 Life

and Island Seniors, Inc. There will be a bargain priced hot dog lunch for hungry guests.

AARP Driver Safety Course – Thursdays, February 23 and March 2, 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount.

The Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for drivers 50 and older to learn proven safety strategies such as rules of the road and how to deal with aggressive drivers to help you maintain confidence in your driving. You will be eligible for a discount on your auto insurance. Classes will be held at the Center 4 Life. Register by contacting Ed VanderHey at 292-4012. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

Keeping up with Technology

with Gerard Damiano – Lesson 1: iPad Basics – Tuesday, February 7, 9 a.m. to 12 p.m. Cost is \$50 for members and \$75 for non-members.

Navigate the multi-touch screen interface and learn about the iPad's hardware and settings. Discover typing techniques and tricks that will give you the functionality of a full keyboard. Cut, copy and paste. Spell check and look up words as you go. Maintain your battery, and back up your data using iCloud. Register in advance. Bring your own device. Be prepared to use your Apple ID and password.

Learn To Play Mahjongg with Katie Reid – January 23 to 27 from 9:30 a.m. to 12:30 p.m. Cost is \$15 for members and \$30 for non-members.

Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies are provided. Register in advance.

Learn To Play Bridge with Christl and Bruce Smith – January 30, February 1, 6 and 8 from 9 to 11:30 a.m. Cost is \$20 for members and \$35 for non-members.

Class is limited to eight students and you must be able to attend all four classes. Register in advance.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New Game: Hearts – Friday at 12:30 p.m.

New Game: BINGO – Friday, January 27 at 1 p.m.

Kayaking on Tuesdays and Thursdays – January 24, 26 and 31 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪



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American Legion Post 123

On Saturday, January 21, the Ladies Auxiliary of American Legion Post 123 will be hosting an "International Buffet" featuring food from around the world from 1 to 8 p.m.

On Sunday, January 22, American Legion Post 123 will be offering barbecue ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14.

Every Monday is an 8-ball pool league at 5 p.m. Stop in and watch some good

shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has shell ornaments available. If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✪

BIG ARTS Offers Second Year Of Talking Points

Afternoons at BIG ARTS offers a wide range of lively, two-hour sessions by leading authorities in their respective fields. These events are open to the public, and audiences are encouraged not only to ask questions, but offer their point of view, experiences and knowledge. Held at the BIG ARTS Schein Hall, the topics – both foreign and domestic – offer a wide scope of interest from foreign affairs to fine arts.



James Rudin

photos courtesy BIG ARTS



Joyce Schrager



Aaron Cohen



Dr. Lisa Wainwright



Barbara and John Cochran



Dr. Gary Price

Talking Points speakers, subjects and dates this season will include:

- James Rudin – World War I: USA Becoming an International Power on Tuesday, January 24

A century ago, World War I (1914 to 1918) destroyed the stable world order that had existed until 1914. At the end of the “War to End All Wars,” four major empires collapsed: the German Hohenzollern Reich, the Austro-Hungarian Monarchy, the Ottoman Turkish Empire and Romanov Tsarist rule in Russia.

How and why did World War I happen? Could it have been avoided? How did the war permanently change our politics, culture, economy and national security?

- Joyce Schrager – A Chaotic Neighborhood: The Contemporary Middle East on Tuesday, January 31

The concept of the failed state has become the norm in today’s Middle East. Five countries immediately come to mind: Iraq, Afghanistan, Syria, Yemen and Libya. Explaining this troubling situation, and adding Israel into the equation, becomes a challenging and critical conversation.

With a new administration coming to the White House, and with uncertainties among our European allies, noted adult education discussion leader Schrager will lead a discussion on America’s challenges within these volatile geo-political dynamics.

- Panel Discussion: Who Do You Trust? Health Care Delivery Models for the 21st Century on Tuesday, February 14

A panel discussion led by Aaron Cohen, will feature the topic of Who Do You Trust? Health Care Delivery Models for the 21st Century.

The panel will consist of Dr. Lawrence Antonucci of Lee Memorial Health System,

continued on page 36

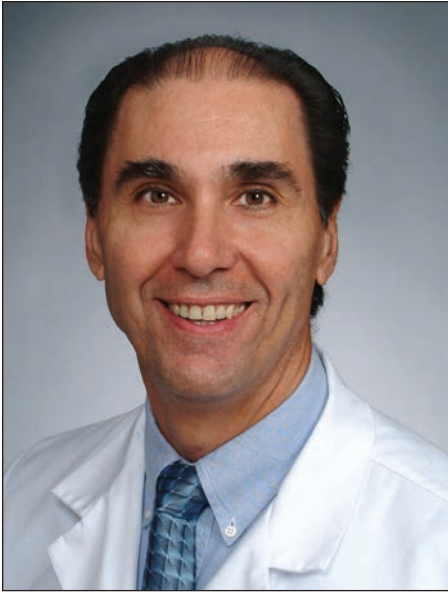
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Dr. Lawrence Antonucci

From page 35

Talking Points

Dr. Gary M. Price, MD FACP, and Dr. Michael B. Wood.

Dr. Antonucci has practiced in Lee County since 1983. As Chief Operating Officer of Lee Memorial Health System, he leads the patient care team. His responsibilities include operation of six hospitals and directing a physician organization partnership between local physicians and the system.

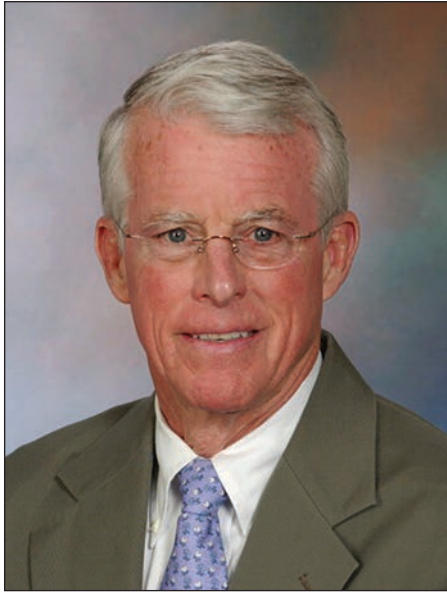
Dr. Price is the founder and President of Private Physicians of Southwest Florida, the first concierge practice in Florida and one of the first in the nation. He has sat on several boards, including the American College of Private Physicians and was the past president and chairman of the board for the American Academy of Private Physicians.

Dr. Wood is President Emeritus and former CEO of Mayo Clinic Foundation in Rochester, Minnesota.

Cohen, a graduate of Antioch College (BA) and Clark University (MA in International Urbanization and Public Policy), worked in New York City's public hospital system for 31 years, the last 19 as Chief Financial Officer of Bellevue Hospital, the oldest public hospital in the country.

• Dr. Lisa Wainwright – Rauschenberg Revisited on Thursday, February 23

Returning to BIG ARTS by popular acclaim, Rauschenberg scholar Dr.



Michael Wood

Wainwright will revisit her sold-out 2016 session, Key to Understanding the Art of Robert Rauschenberg. A Captiva resident for many years, Robert Rauschenberg's experimental work in combines, silkscreens, found objects and image transfers as well as music and dance, is legend in the art world.

Dr. Wainwright has held several positions at the School of the Art Institute of Chicago, including her present position of dean of faculty, vice president of academic affairs. Her historical research is focused on Rauschenberg and her dissertation Reading Junk: Thematic Imagery in the Art of Robert Rauschenberg from 1954 to 1964 has been cited in the book, *The Great Migrator: Robert Rauschenberg and the Global Rise of American Art* by Hiroko Ikegami.

• Barbara and John Cochran: Meeting The Press on Tuesday, March 7

Two former network television journalists share their insights about United States presidents, Washington, DC and the digital revolution. Cochran has known every president since Eisenhower and covered all the major events on the Washington beat for NBC and ABC.

Cochran directed the creation of NPR's Morning Edition and was the first woman chief of a network station's Washington news bureau.

Visit www.BIGARTS.org to learn more and to purchase tickets. Tickets can also be purchased by calling 395-0900.*

Paintings On Display

Local artist Carol Good currently has multiple paintings on display at the Sanibel Captiva Community Bank, located at 2475 Library Way.

Good, a self-taught artist, is passionate about wildlife – especially birds – and has transferred her passion to the canvas. These creatures are regal and courtly in appearance, and exhibit plumage and color that's unbelievable. Although Good paints many types of animals, birds are her

favorite, and she says that while painting them she feels "extraordinary happiness and joy."

Good has been a member of the Sanibel Captiva Art League for many years. The league provides technical opportunity for artists, educational programs and exhibition opportunities for its member artists. Her artwork can be found in many private collections and institutions.

A reception in Good's honor will be held on Thursday, January 26 from 4:15 to 5:45 p.m. at the Sanibel Captiva Community Bank, located at 2475 Library Way. All are welcome to attend.*

BIG ARTS Monday Night Film Series

Marguerite

by Di Saggau

The BIG ARTS Monday

Night Movie for January 23, is *Marguerite*, the French version of the Meryl Streep film *Florence Foster Jenkins*. It's the hilarious and heartwarming story about a real life would-be opera singer who couldn't carry a tune. Winner of the Cesar Award, the film places Florence in France and features a riveting performance from Catherine Frot as Marguerite.

An active member of the Amadeus Music Club, Marguerite serves as the headliner for their concerts. She is also their main source of financial support. The director artfully creates a buildup of expectation for her solo, as though Maria Callas herself is about to appear. Then Marguerite, peacock feather on top of her head, glides through the room and takes her place by the piano. She then launches into Mozart's tremendously difficult *Queen of the Night*, and you hear the voice for the first time.

Obviously, Marguerite's inability to carry a tune is humorous. We laugh at her from time to time, but we're also given the opportunity to understand her, or to at least care enough to try. How can she be so clueless about her lack of talent? She is invited to sing at other venues, and Marguerite is not dumb. She has some idea that she is being exploited. She says to her voice coach, Lucien, "I thought you wanted to use me." "I did," he says, "but one grows fond. It's silly." By this time, he has become her friend and feels protective of her.

As the tale progresses, we grow more and more fond of Marguerite. We also feel for her husband, who has been driven into the arms of a mistress by his wife's absurd ambitions. It's actually the

Programs At Captiva Memorial Library

Next month's roster of activities at the Captiva Memorial Library offers topics for adults and children. The following activities are free to the public:

Adults

Bailey-Matthews National Shell Museum Beach Walk – 9 a.m. Wednesday, February 1. Join a marine biologist from the shell museum for a one-hour guided beach walk just outside the library. Registration is required.

Gulf Coast Symphony Quartet – 3 p.m. Wednesday, February 8. A musical performance by members of the local professional orchestra.

Author Visit: WC Highfield, *Liberated: A WWII Memoir of Lt. Harlan E. Highfield* – 3 p.m. Wednesday, February 15. Written and presented by his son, hear about Lt. Highfield's experiences during World War II as a P-40 fighter pilot, a Prisoner



mistress who gives us an insight into Marguerite's character.

In the end, *Marguerite* isn't a comedy as much as it is a love story. It runs 127 minutes.

The moderator for the evening is Myles Gansfried. A special 20th Anniversary Celebration of the BIG ARTS Film Society will take place at 5:30 p.m. Admission is \$10, which includes scrumptious hors d'oeuvres from Sanibel Catering Company and wines from around the world.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the *Island Sun*. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.*

of War and how he returned to civilian life.

1968 Presentation – 3 p.m. Wednesday, February 22. This on-the-edge-of-your-seat presentation will take you back to the music, popular culture, politics, protests and more.

Children

Heart Shaped Animal Valentines – 9 a.m. to 4 p.m. Friday, February 3. Make heart-shaped animal valentines for loved ones. Instructions and supplies available in the children's room.

Presidents Day Paper Bag Puppets – 9 a.m. to 4 p.m. Friday, February 17. Make paper bag puppets of Presidents Washington and Lincoln. Instructions and supplies are available in the children's room.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information or to register, call the library at 533-4890. Check the Lee County Library System's website at leelibrary.net to find out about programs at other locations. Call the host library or Telephone Reference at 479-INFO (4636) for more information about a specific program.*

Commonwealth



by Di Saggau

The latest novel by Ann Patchett begins in the early 1960s at a christening party for Franny, the daughter of Beverly and Fix Keating. Bert Cousins, a Los Angeles lawyer, crashes the party with a large bottle of gin.

Fix is a local cop and they barely know each other. Bert wants to escape a home with three small children and another on the way. With the help of his gin, everyone gets drunk and a lot of lives are changed.

As the afternoon wears on, we move among the crowd, spying guests and catching snippets of their conversation. The scene is heavy with implications that will affect two families for the next half century. Bert kisses the beautiful Beverly, an affair begins, and eventually they leave their spouses, marry and move to Virginia, where their six combined children visit each summer.

Over the next five decades, we watch life unfold between all these characters. Franny in her 20s begins an affair with

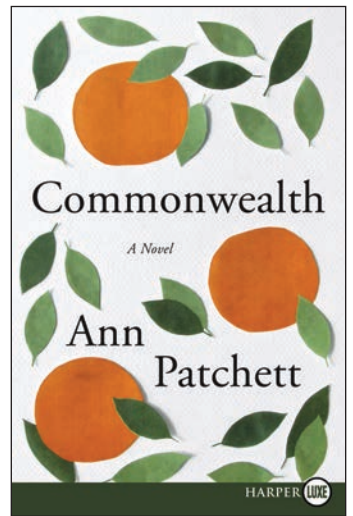
a renowned novelist, a much older man, Leon Posen. She tells him stories of her childhood and that inspires him to write a bestselling comeback novel, also entitled *Commonwealth*. The secrets in the book have a great impact on the stories of the ten characters in the book, the six Keating-Cousins children and their four parents. It forces them to come to terms with their losses, their guilt, and the deeply loyal connection they feel for one another.

I love the way Patchett describes the relationships. For example: "Franny and Bert got along, even when Bert and Beverly no longer got along, even though Caroline and Bert had never gotten along." In spite of the seriousness of the relationships, there is a sense of humor throughout the book. It's not all

heartbreak. It's a meditation on inspiration, interpretation and the ownership of stories.

The youngest of the six children, Albie Cousins is shrouded in a mystery and for much of the story we don't know what's happened to him. Nor do we know what caused the death of one of the children. About two-thirds of the way through, the whole tragic power of her story hits the reader and the result is breathtaking. The novel brings entire relationships alive. It took me awhile to keep all the characters straight and the book switches back and forth in time, but it is done in a very readable fashion. It's as if we are listening in from another room.

Commonwealth is a brilliant and tender tale of the far-reaching ties of love and responsibility that bind us together. ✨



It's All About Broadway At BIG ARTS Benefit

General admission tickets to BIG ARTS' annual benefit, Neil Berg's 100 Years of Broadway, are now available. Karasin-Samet and Susan Scott are the co-chairs for the benefit, which will be held on Saturday, February 11, featuring an acclaimed cast of Broadway headliners. Get transported back to the Broadway shows you've known and loved from the turn of the century to modern day. Arrive before 7:30 p.m. for a Champagne toast. Stay afterwards for post-concert fine wines, desserts and dancing.

Tickets are \$150 per person and proceeds are used to support BIG ARTS. This is the sole annual fundraising event to help create arts, entertainment and learning experiences that inspire, enrich and delight the community.

Seating is limited. RSVP by February 1. To RSVP, preview the event or for more information, visit the website at www.BIGARTS.org or call the box office at 395-0900. ✨



The Community House Sanibel's Reality Cooking Show Saturday, January 28th, 2017 - 6 pm

\$100 Each General Admission • \$200 Priority Seating & Tasting

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***3 Celebrity Judges: Mark Blust, Loretta Paganini and Jared Harris**

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Saturday, January 28, 2017

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School Smart



by Shelley M. Gregg, NCSLP

Dear Readers, This is typically the time of year when children may be referred for a special education evaluation. Many parents find themselves filled

with mixed emotions once their child has been referred for an evaluation. There is fear that their child may have a disability, relief that the child's difficulties may be due to a disability, hope that answers are going to be found to solve the problem, and often just a lot of anxiety.

Frequently, parents find themselves confused and overwhelmed with this evaluation process. Many parents do not fully understand what happens after the referral; they may get intimidated, or have different expectations. So over the next several columns, I will be outlining in general a special education evaluation and providing clarifying information navigate the process.

It is important to note that schools systems will vary to some degree. If you have specific questions about the process in your school system, ask your school psychologist, teacher or principal. Parents have every right to ask questions and usually school personnel are happy to help make this process more coherent for you. It is important for parents to

understand their rights during the special education process.

This column will address how a referral is developed. Typically, it begins with an Intervention Team Meeting where a child's teacher presents her student with needs to a special team of educators and specialists. The teacher will present data in regard to what she has done to assist the child. The team then develops additional interventions, implements them and returns to discuss the results at a specific time. Upon reexamination and discussion of the data collected, a student is suspected of having a disability if the interventions attempted have not produced the desired educational outcomes. A referral is then made to evaluate him or her for special education testing. Parents are included in all of these meetings and must agree to the evaluation. Once the parents sign the consent to evaluate forms, timelines begin and the schools have a set amount of time to complete the assessments and hold the eligibility meeting. States differ in this timeline, but it is usually 60 to 65 days.

During these 65 days, several testing components will be completed with you and your child. The evaluators will write reports and a copy will be given to parents at the eligibility meeting. However, schools are required to have a copy available for parents to pick up two days before the eligibility meeting. It is advised, that parents take advantage of this and read reports before the meeting to help get familiar with the information and to formulate questions. The reports hold a lot of information that can be

overwhelming if you are not familiar with this type of testing. Ask for help to understand the testing results.

You may also want to bring a friend or advocate to the meeting with you to better help you understand testing results and subsequent decisions. It's best to have read all the reports, develop any questions you may have and be prepared. The purpose of the eligibility meeting is to determine whether or not your child has an educational handicapping condition and if s/he is eligible for special education services.

My column next week will help you to understand what is meant by the

determination and label of an educational handicapping condition and what is the result of being found eligible or ineligible for Special Education Services.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Astronomer's Say

by Chris Godwin

Astronomers say they've found them at the edge of the universe. the "Pillars of Creation."

Fiery clouds of astonishing vapors erupting, arching, exploding in crimson, cinnamon, deep sea blue, wisps of white. Magnificent monsters so huge light years blink, magnetic waves wobble, my world is not even a grain in Creation's eye.

I stare at the pictures of them. I stare; I hope; I want to believe there is an Artist out there somewhere, paintbrush posed, palette primed, fashioning them in joyful frenzy. Chris Godwin has happily traded 36 years of teaching college literature and writing for shelling and wordsmithing on Sanibel.*

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From left, Dan Perkins, Songs and Stories for Soldiers trustee; John Londergan, Shatter Shield Security owner; Gerri Perkins, Songs and Stories for Soldiers trustee; and Chris Berroa, Shatter Shield Security photo by Jeff Lysiak

Non-Profit Organization Offering Help For Soldiers

by Jeff Lysiak

A new, island-based organization is taking care of American soldiers by offering them free MP3 players – loaded with music, audio books and therapeutic music to induce restful sleep – in an effort to, in the words of the group’s founder, “get our soldiers safely through the night.”

Focused on helping wounded soldiers or those affected by depression, anxiety, continued on page 6B

Mayor Receives Award At Everglades Coalition Conference

On January 7, Sanibel Mayor Kevin Ruane was presented the James D. Webb Public Service Award. The Everglades Coalition represents more than 60 regional, state, national and international organizations committed to the restoration of America’s Everglades. The coalition’s annual conference is the largest forum for Everglades conservation and restoration, bringing together coalition members with business leaders, stakeholders, local, state, tribal and federal partners to engage in meaningful discussions about restoring America’s Everglades.

“This is a very humbling moment. What started as a mission to improve water continued on page 11B



Rae Ann Wessel, left, Sanibel-Captiva Conservation Foundation director of natural resource policy, and Cara Capp, right, national co-chair of the Everglades Coalition, present Sanibel Mayor Kevin Ruane with the James D. Webb Public Service Award photo courtesy City of Sanibel

Author Shares Stories And Fish Tales On Captiva

by Jeff Lysiak

Speaking before a standing-room-only crowd at the Captiva Civic Center last Tuesday evening, best-selling mystery novelist Randy Wayne White shared a number of stories from his days as a light-tackle fishing guide and how he transitioned to becoming a published writer at the first Captiva Island Historical Society event of the season.

For 13 years, White – author of *The New York Times* best-selling Doc Ford and Hannah Smith novel series – served as a fishing guide at Tarpon Bay Marina on Sanibel. During his 55-minute lecture, he discussed the process of applying for a fishing guide license, highlighted a few “fish tales” from the more than 3,000 fishing excursions he captained and fielded questions from the crowd.

“The islands have changed over the years... but they are still the islands,” continued on page 13B



Best-selling author Randy Wayne White delivered an Island Voices presentation at the Captiva Civic Center on January 10, speaking about his days as a fishing guide photos by Jeff Lysiak

Community Golf Challenge This Saturday

The 15th annual Sanctuary Community Golf Challenge, a benefit for the Charitable Foundation of the Islands (CFI), begins at 10:30 a.m. this Saturday, January 21 with a brunch, followed by a 12:30 p.m. shotgun start. Players will meet afterwards for appetizers and awards presentations, as well as the popular helicopter drop.

Since its inception, the golf challenge has raised more than \$1.3 million for CFI, which distributes funds to assist island non-profit organizations and individual island residents, and workers who have experienced hardships from medical to financial emergencies.

“We are ecstatic to be taking part in the golf challenge and to support CFI in its worthy cause of helping others,” said Lily & Co. Jewelers owners Dan Schuyler and Karen Bell.

The Lily golf team will consist of Schuyler and Bell, as well as Jim Hall of VIP Realty and Schuyler’s tennis coach at Cypress Lake Country Club, Terry See. Their score will take a back seat to



Karen Bell and Dan Schuyler photo provided having a good time. They agree the day is more about helping others.

“We encourage the community, those who can, to support Charitable Foundation of the Islands in its mission to help make our islands a better place to live and work,” added Bell.

Lily & Co. Jewelers is a gold sponsor of the tournament.✱

Buy Tickets Now For Zonta's Chance At The Unique Raffle

With the reservation line open and tour tickets going fast, it's time for members of Zonta Sanibel-Captiva to turn their attention to A Chance at the Unique, the annual raffle offered in conjunction with the renowned home tour, A Peek at the Unique.

Now in its 16th year, the event, coordinated through the non-profit Zonta Foundation of Southwest Florida, Inc./ Sanibel-Captiva, is a consistent record-breaker and favorite with islanders, friends and visitors, raising funds for organizations whose work empowers women. The "Chance" raffle, expected to boost the event's financial potential by as much as \$15,000, offers six extraordinary prizes:

- New for 2017 is a prize that is truly unique: a half day shark tagging experience with conservationist Elliot Sudal, aka The Shark Wrestler. Sudal is offering a land-based, hands-on educational experience for up to six guests (any age), on either Sanibel or Nantucket, Massachusetts. Sudal works with the NOAA Apex Predators program, the world's largest shark tagging project, which has tagged over 300,000 sharks globally in the past 55 years. All sharks are released after tagging. With a value termed "priceless," this experience will be available from May through September in 2017 or 2018.



Experience a shark tagging with Elliot Sudal
photos courtesy Zonta Club Sanibel-Captiva

- Island Adventure For Two, valued at over \$1,350, comprises a two-night stay at South Seas Island Resort, a spa gift certificate at Tween Waters Inn, Ambu yoga, two-day bike rental from Billy's Bikes, Yoloboard Adventures eco-tour, golf at Sanibel Island Golf Club and a portrait by Island Photography.

- The perennial favorite Island Shopping Spree, valued at \$1,700, includes Cedar Chest Fine Jewelry, Eileen Fisher, Whims, Peach Republic, Why Knot, Lily & Co. Jewelers and J. McLaughlin, plus two Coach purses.

- Congress Jewelers, long-time supporters of Zonta, is offering a Sealife sterling silver bracelet valued at \$625 and featuring 11 sterling silver conch shells.

- Sanibel artist Myra Roberts is donating a 24x30-inch enhanced giclee on wrapped canvas of her unique artwork created solely for this year's Peek at the Unique, valued at \$1,200.

- An all-inclusive, two-night stay at any Fiesta Americana Grand Meetings Mexico property, available April 2017 to March 2018, with all meals, beverages and airport transfers (valued at \$1,200, airfare not included).

Tickets (donation \$10 each) are available now from any Zonta member; at Bailey's Shopping Center on weekends beginning January 21 through February into early March; at the Sanibel Island Farmers Market on a date TBD; and at the Sanibel Community Church on Peek day, Saturday, March 11. Buyers choose at time of purchase which item they want to win. Drawings will take place at the completion of the home tour and you do not have to be present to win. For more details on the raffle and the home tour, visit www.zontasancap.com.✧



Elliot Sudal with a tagged shark

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THANK YOU

To the citizens of Sanibel for being engaged in this process and expressing your concerns thereby helping to preserve our Sanctuary Island.

THANK YOU

To The Committee Of The Islands (COTI) for having the courage to highlight the important questions regarding the City Core Project that had not been answered.

THANK YOU

To the members of our Community House for providing an example of how to improve a facility while maintaining Island charm. You have been the core of our community since 1927 and your guidance was never needed more.

THANK YOU

To the leaders of Big Arts for now committing to improving their facilities with alternative plans.

THANK YOU

To the City Council for being open to alternatives for upgrading the facilities at Center For Life.

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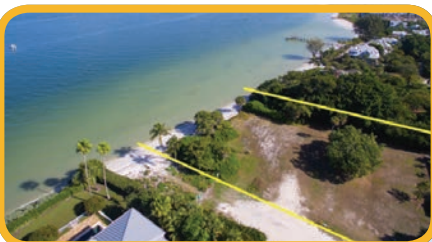
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From page 1B

Help For Soldiers

PTSD (Post Traumatic Stress Disorder) or TBI (Traumatic Brain Injury), Songs and Stories for Soldiers is a 501(c)3 non-profit corporation dedicated to providing free, customizable electronic entertainment for members of the American Military, both active and retired.

"We are providing MP3 players, with headsets and USB connection cable or the most recent technology, free to American military," said Dan Perkins, founders and trustee of the group. "We will start with active duty wounded, and as their needs are met, we will branch out to veterans and VA hospitals across the United States."

According to Perkins, the idea behind Songs and Stories for Soldiers came to him as he was driving to Miami Beach for a speaking engagement. The author, financial advisor and radio show

host experienced a medical emergency while he was driving along Alligator Alley. Suddenly, he had an epiphany to create the military-based help group.

"We have distributed in excess of 10,000 MP3 players since we started in January 2015," said Perkins, who also noted that the organization is currently serving soldiers in 53 facilities across the United States. "Our singular mission is to get our soldiers safely through until dawn. For many soldiers who experience PTSD, night time is the most terrifying time for them. That anxiety can lead to sleep deprivation, and when the body can't get deep, restful sleep, bad things can happen."

Researchers from the University of Texas Health Science Center at San Antonio have stated that sleep disturbance is one of the most common issues individuals with PTSD face. Specifically, insomnia and nightmares plague the vast majority of those struggling with the disorder. Although

it is assumed to be high, relatively little is known about the actual prevalence of sleep disturbances in veterans with PTSD.

Not surprisingly, insomnia was the most frequently reported PTSD symptom prior to treatment. A whopping 92 percent acknowledged some degree of difficulty falling or staying asleep. Although not as high as insomnia, 69 percent of the same group reported suffering from nightmares.

Perkins explained that another disturbing trend not reported in the media is that the suicide rate among female military veterans is 12 times the national average, and male military vets are committing suicide at nearly four times the national average.

In addition to more than eight million songs, 100,000 audio books and 30,000 old time radio programs, the MP3 players come loaded with eight hours of music intended to induce REM-level sleep.

The response to Songs and Stories for Soldiers has been overwhelmingly positive.

"The veterans are really enjoying them; the volunteers are downloading individual programming for each veteran," wrote Kevin Knappins, program ministry director from The Salvation Army in Sandusky, Ohio. "We presented the MP3 players on Veterans Day – we were able to show God's love and see it reflected in the eyes of those we serve. It has been a blessing all around."

Anne M. Murray, voluntary services manager at the VA Central Western Massachusetts Healthcare System, added praise in her letter to the organization.

"We currently have two in-patient units that are loaded with young men and women who served in these latest wars. Many of them have PTSD and/or TBI and suffer from issues of getting a good night's sleep," she wrote. "You are spot-on with your gift! I wish I knew how to put into words how

much gratitude we have for having you include our patients in your very generous project. A thousand thank you's doesn't seem like it covers it. Your support is so very much appreciated."

Not only has Songs and Stories for Soldiers caught on quickly amongst hospitals, homeless shelters, VA and rehabilitation facilities across the country – including the Walter Reed National Military Medical Center in Maryland and the Brooke Army Medical Center in Texas – but it is supported by the National American Legion and The Salvation Army. Locally, the group is represented at the VA Clinic in Cape Coral and supported by the Lee Coast Chapter of the Military Officers Association of America (MOAA) and other island non-profit organizations.

"It's amazing how generous the residents of Southwest Florida are," added Perkins. "People here are so dedicated to giving back."

Last week, John Londergan, owner of Shatter Shield Security in Bonita Springs, visited Dan and Gerri Perkins' home to deliver a donation to Songs and Stories for Soldiers.

"We're a new company, but wherever I've lived, I've had a favorite charity to support," said Londergan. "I was so impressed by Dan and his story about what he's doing that I wanted to support this cause. My philosophy is that you can't change the world, but you can try and help change somebody's life for the better."

A contribution of \$100 can provide 10 MP3 players for soldiers in need. To make a donation, mail a check payable to Songs and Stories for Soldiers, Inc., 1433 Sanderling Circle, Sanibel, FL 33957 or donate via credit card online at songsandstoriesforsoldiers.us.✱

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Representatives from Lee County Supervisor of Elections will be at the Sanibel Public Library on January 28 photo courtesy Sanibel Public Library

Programs At Sanibel Library

On Monday, January 23 at 9:30 a.m. Buddhist monk and meditation teacher Kelsang Tashi, of the Samudrabadra Buddhist Center, will present Choose Happiness – Introduction to Meditation at the Sanibel Public Library. The talk will explore how you can begin to use the practices of meditation and mindfulness to live with greater joy and purpose.

From 9 a.m. to 5 p.m. on Saturday, January 28, representatives from Lee County Supervisor of Elections will be at the library with information about voting and voter registration.

At 2 p.m. on Monday, January 30, there will be a book talk with Lowell Beck. Beck was a lobbyist and association leader from the 1960s into the 1990s. He was directly involved in many of the major political issues during those tumultuous times. He'll be talking about his career in lobbying and "finding your niche" in life.

Author George Wilgus, *The Gyroscope of Guilt*, will review what happens behind the scenes in jury trials and how a jury can be manipulated – a perspective from the lawyer's eye. Wilgus worked on hundreds of trials during his career as an attorney. He will sign books after the program at the library at 3:30 p.m. on Tuesday, January 31.

Debbie Hughes of Edison Ford Winter Estates will present a program about flowers at 2 p.m. on Wednesday, February 1.

The public is invited. There is no additional cost to participate.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County, Florida, at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.

Presentations On Interior Decorating

Women's organizations, neighborhood groups and others looking for a complimentary program can call on local design professional Linda Coin, owner of Decorating Den Interiors of Sanibel, Captiva and Fort Myers. "We have two new informative and fun presentations, with visuals," said Coin. "Our presentation can be adapted to fit most meeting time schedules."

One presentation features award-winning room makeovers with before and after photos, along with the stories behind each and the reasons for selecting the furnishings.

"These are rooms for real people with real budgets. We will show examples of aspects of decorating such as the importance of maintaining a color flow with the adjacent rooms, multi-purpose rooms, how to incorporate favorite old pieces with new, remaking rooms for Boomers, converting neglected spaces into intimate retreats, and how the availability of a greater variety of fashionable, low maintenance fabrics

and furniture have made it easier to enjoy outdoor living," Coin added.

The second presentation Coin has available is based on trends and new products seen at the most recent international home furnishings market at High Point, North Carolina, the largest gathering of interior designers, home furnishings suppliers and retailers in the world.

"We will show examples of the emerging trend toward light and bright-light wood combined with a pop of color and how the use of metals on furniture and accessories continues as a stunning design element," Coin said. "Another important market direction we discuss is 'Naturally Inspired' designs. Nature's designs can best be described as Wabi-Sabi, which is the Japanese tradition of looking at the beauty of something through its imperfections. The trend toward decorating that reflects island or coastal living also is part of being inspired by nature. We also have visuals that show that the desire to flashback to mod silhouettes and styles of the mid-century is still going strong. And, we have lots of other upcoming trend news to share."

For more information, contact Linda Coin at 472-6551 or linda@coindceden.com.

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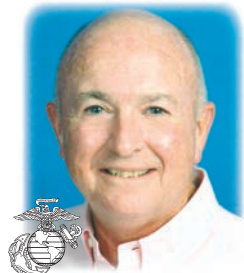
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Please join me at the Heart Walk on January 29th... Life is why!



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- Edison & Ford Winter Estates
Estero Mustangs Pop Warner Football and Cheer
Florida Gulf Coast University Athletics
Florida SouthWestern State College
Fort Myers Community Concert Association
Friends Who Care
Kevin Maschmidt Memorial Golf Tournament
PACE Center for Girls of Lee County
- SanCap Cares
Sanibel-Captiva Art League
Sanibel-Captiva Rotary Club
Sanibel Captiva Sail and Power Squadron
Sanibel-Captiva Shell Club
Sanibel Little League
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Will Power

Elimination Of Estate Tax Not Beneficial For Most Taxpayers



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I recently returned from the Heckerling Estate Planning Institute hosted by the University of Miami Law School. This is the premier tax and estate planning continuing education conference attended by more than 3,500 attorneys, CPAs and trust officers from around the country. It's like cramming a whole year of advanced law school courses into one week. By the end of the week, my brain hurts!

One of the most interested lectures focused on whether the proposed elimination of the federal estate tax would benefit most taxpayers. The answer, of course, depends upon two things. First, which taxpayers are most affected by the estate tax? And second, what would they replace the lost revenue from the estate tax with?

As to the first question, the available federal estate tax exemption is \$5.5 million. A married couple could consequently shield up to \$11 million of assets that they leave to the next generation from the estate tax. The number of families therefore affected by the estate tax is miniscule. The estate tax generates approximately \$20 billion of annual revenue, which sounds like a lot until you learn that this is less than 1 percent of all taxes collected by Uncle Sam each year.

The second question is where the rubber meets the road. What proposals are before Congress to replace the estate tax revenue lost by repeal? One proposal is to require non-spouse beneficiaries to withdraw inherited IRA, 401(k), pension and profit sharing accounts within five years after the death of the account owner. Under current law these qualified retirement accounts can be "stretched out" over the lifetime of the beneficiary. By stretching out the withdrawal of the IRA over the beneficiaries lifetime, taxes are minimized and tax deferred growth is maximized.

There is no floor on this proposed rule. So everyone who inherits an IRA from a parent, for example, would be forced to withdraw money more quickly, resulting in higher income taxes for all. Most of these beneficiaries, given the choice, would prefer that the estate tax not be repealed if they could keep the present IRA rules deferring their income tax liabilities.

Another, even scarier proposed tax revenue replacement rule would eliminate the "step-up" in tax cost basis rule that all beneficiaries currently enjoy on assets outside of qualified retirement accounts. Allow me to explain:

If I own ABC Company stock that I purchased years ago for \$1 per share and it is now worth \$11 per share I have an unrealized capital gain of \$10 per share. Should I sell any shares I realize that gain and pay capital gains tax. Currently the highest capital gains tax rate is 20 percent, so in my example I would pay a capital gains tax of \$2 per share on the sale.

If I instead die owning that ABC Company stock and my will or living trust bequeaths that stock to my daughter, she takes the date of death value as her tax costs basis. It "steps-up" to \$11 share in my example. Should she then sell the shares immediately following my death, then she pays no capital gains tax.

In 2010 when the estate tax was repealed for one year, the estate tax was repealed in favor of a modified carryover basis rule. In other words, beneficiaries no longer enjoyed a step up in tax cost basis, so when they sold assets (stock, real estate, residences, etc.) the beneficiaries had to report realized capital gains equal to the difference between the sales price and the basis of the assets that the testator had in the asset or properties.

One large problem with the modified carryover basis rule is that one must know and be able to substantiate the basis that your parent or grandparent or whomever you inherited the asset from had in the asset that you inherited and are now selling. If you can't substantiate the original tax cost basis, then IRS rules assume that your basis is zero, and the entire sales price is subject to capital gains tax.

This rule affects all taxpayers, not just the uber-wealthy. Again, most taxpayers given the choice would probably prefer that the estate tax remain in place as opposed to becoming subject to these modified carryover basis rules. I'm not sure why popular sentiment seems to favor repeal of the estate tax. I believe anecdotally that most taxpayers mistakenly believe that they will one day be subject to the federal estate tax when in fact they will not be, and secondly, that most taxpayers have no idea how Congress intends to make up the lost revenue.

Stay tuned to this column. I'll keep you posted on developments.

©2017 Craig R. Hersch. Learn more at www.sbshlaw.com.✧

New Moon Meditation Class

Experience a guided meditation on the beach as the sun sets and the moon rises on Friday, January 27 at 5:15 p.m.

Participants will meet at Alison Hagerup Beach Park, located at 14790

Captiva Drive on Captiva. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps.

There is a suggested donation of \$10 to \$15, and all proceeds will benefit the Sanibel-Captiva Conservation Foundation's sea turtle research program. Participants should bring a towel or blanket to sit on.

For more information, visit www.ambuyoga.com or call 314-9642.✧



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From page 1B

Mayor Receives Award

quality for our home community of Sanibel has become a trek that has taken our call for action to Tallahassee and Washington," said Ruane. "We have made progress, but our work is not yet complete. It is my intention to continue this fight until we know we are leaving our children and grandchildren a restored Everglades."

Upon announcing the award to Ruane, the Everglades Coalition stated, "Kevin Ruane has organized and elevated the role of cities to move Everglades and estuary restoration forward in new ways with new partners. He has worked to educate and build a coalition of support with local mayors, then expanded the effort to the Florida League of Cities to engage municipalities in water issues. In building the case for municipal involvement in restoration, he made the case that the economic values and impacts of water issues compel our unified messaging and vision. His work identified that 55 percent of Florida's real estate values are generated by the 19 counties and 163 cities affected by the greater Everglades water system and that the economic impact of real estate and tourist development funding totals \$2 trillion. He is leading the Florida League of Mayors/League of Cities in an effort to develop a Lake Okeechobee Regional Compact to support Everglades restoration and watershed efforts. His efforts played a significant role in influencing our elected representatives in Tallahassee and Washington to prioritize and fund projects, like accelerating planning for Everglades Agricultural Area (EAA) Storage, initiating construction of the C-43 reservoir and building support for numerous Caloosahatchee watershed projects. He serves on the South Florida Ecosystem Restoration Task Force, among a number of other notable designations. His involvement in Everglades issues has raised awareness of the challenges and common sense solutions, brought new, powerful voices of elected officials into the discussion and is working to build an economic force to accelerate and accomplish restoration throughout the greater Everglades ecosystem."

Ruane has served as a member of the Sanibel City Council since March 2010 and has been selected by his peers for seven consecutive terms as mayor.

America's Everglades is recognized as the world's largest ecosystem restoration project and the past year has yielded

significant restoration successes. This includes congressional authorization of the Central Everglades Plan and breaking ground on the next 2.6 miles of bridging along Tamiami Trail, and starting construction of the C-43 West Basin Reservoir.

"The Everglades Coalition stands in support of Senator Negron's plan to purchase 60,000 acres of land south of Lake Okeechobee in the Everglades Agricultural Area, and to advance project planning that will send clean water south," said Mike Baldwin, state co-chair for the Everglades Coalition and Vice President of the "Ding" Darling Wildlife Society, the friends group of the JN "Ding" Darling National Wildlife Refuge. "We believe this is an important and common-sense step in solving the water crisis that has been plaguing the Everglades and our estuaries."

The Everglades provides drinking water to eight million people who depend upon clean, fresh water. This internationally-unique ecosystem is the lifeblood of South Florida's environment, economy and public health. However, this past year marked one of the worst for Florida's estuaries. The Caloosahatchee and St. Lucie Rivers are inundated with polluted Lake Okeechobee releases while Florida Bay remains starved for more freshwater.

"By sending clean water south, as outlined in Comprehensive Everglades Restoration Plan (CERP) in 2000, it is possible to restore some of the historic River of Grass," added Capp. "Doing so will benefit jobs, ecology and quality of life in Florida."

This year's 32nd annual conference was hosted by the Sanibel-Captiva Conservation Foundation. In addition to Ruane, conference participants included U.S. Senator Bill Nelson; Assistant Secretary of U.S. Army (Civil Works) Jo-Ellen Darcy; U.S. Army Corps of Engineers Brigadier General C. David Turner; former U.S. Senator and Florida Governor Bob Graham; Florida Representative Ben Diamond (D, 68); Florida Senator Jack Latvala (R, 16); Monroe County Mayor George Neugent; Martin County Commissioner Sarah Heard; Orvis CEO Perk Perkins; University of South Florida Distinguished Research Professor Dr. Reed Noss; Archbold Biological Station Executive Director Dr. Hilary Swain; representatives from the Lee County Visitor and Convention Bureau, SFWMD, U.S. National Park Service, U.S. Fish and Wildlife Service, Department of Interior and members of the Everglades Coalition.

Learn more online at www.evergladescoalition.org.



The Sanibel Captiva Trust Company Speaker Series

All Programs are held from 9:30 - 11:30 AM

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Hosted by Robin L. Cook and Steven V. Greenstein - Wealth Services

TUESDAY, JANUARY 24 *(Open to Men & Women)*

"Riches to Rags" In Three Generations How to Protect Your Wealth for Your Heirs

- DAVID F. PORT, J.D. Trust Administration, The Trust Company
- HOOD CRADDOCK, CPA, Director of Family Office Services, The Trust Company

Learn the wisdom that is necessary to pass your hard-earned wealth on to your heirs, as well as the types of vital estate planning techniques to put into place to protect them.

TUESDAY, FEBRUARY 28 *(Ladies Program)*

The Art of Reading the Wall Street Journal

- AMY A. LORD, CFA, Portfolio Manager, Suncoast Equity Management

Join us for this fun and interactive workshop. Amy Lord will demonstrate some easy steps to help you glean what you need to know from this wealth of information, as well as other investment strategies.

WEDNESDAY, MARCH 22 *(Open to Men & Women)*

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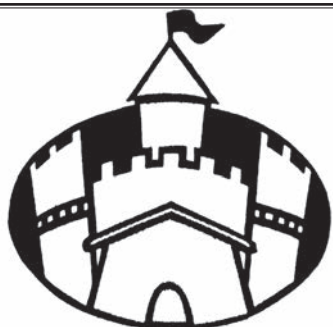
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Kasey Albright, Laura Richardson, Brendan Albright
photos provided



Tiffany Onischuk, Emily Koval, Jackie Laurenzano, Sierra Hoisington

Young Professionals Celebrate The Holidays At 'Tween Waters

On December 19, over 45 young professionals gathered in the Wakefield Room at 'Tween Waters a holiday gathering and the December Networking Event with the Young Professionals Association of Sanibel & Captiva (YPASC).

The evening was festive as the sunset over the gulf of Mexico, as seen from the incredible view at 'Tween Waters. Those in attendance spent the evening in conversation and networking, pausing for remarks made by leaders of the organization Laura Richardson, of BIG ARTS; Kasey and Brendan Albright, both of John Naumann & Associates; Tiffany Onischuk, of Sundial Beach Resort; Sarah Lathrop, of "Ding" Darling Wildlife Society; James O'Bryan, of Island Cinema; and Adam Sauerland, of Tarpon Bay Explorers. Door prize drawings were held and the member of the month was selected as Brian Holaway of Captain Brian on the Water (relaxandexplore@gmail.com or 989-6522).

Guests were asked to contribute a donation of canned goods, personal care items, or \$5 cash to benefit FISH of SanCap. By the end of the evening over \$150 was collected along with multiple bags and boxes of canned food and personal items.

The next Young Professionals Association networking event will be held Thursday, January 19 from 5:30 to 7:30 p.m. at the Children's Education Center of the Islands (CECI) located at 350 Casa Ybel Road, Sanibel. Snacks and beverages will be provided. Admission will be a \$5 suggested donation to CECI, which is Sanibel Island's nonprofit preschool for children ages 18 months to 5 years.

If you are interested in becoming a part of the Young Professionals Association of Sanibel & Captiva or hosting an upcoming event, contact Laura Richardson at lrichardson@bigarts.org and find YPASC on Facebook at www.facebook.com/ypasc.✱



Bill Robinson, Ben Hynden, Justin Farmer, AJ Maringnette

New Managing Broker Named

Premier Sotheby's International Realty has announced the appointment of Caroline Boland to its leadership team as managing broker of the firm's Sanibel office, located at 2341 Palm Ridge Road, and its Captiva office, located at 11508 Andy Rosse Lane.

An Indiana native, Boland has unique family ties to a Sanibel business dating back more than 30 years. Prior to owning and operating an independent brokerage based in Fort Myers, Boland held executive positions in the reinsurance industry.

Boland holds a Real Estate instructor license and is a master instructor. She is also an accomplished public speaker and educator and a licensed broker in Florida holding the Graduate Realtor Institute (GRI) designation.

"Sanibel and Captiva are niche markets and it was important to select an informed, passionate professional with the market and lifestyle knowledge



Caroline Boland

photo courtesy Premier Sotheby's

necessary to best serve those areas," said Budge S. Huskey, president of Premier Sotheby's International Realty. "As an experienced leader of an independent boutique brokerage, Caroline is well-versed in Florida real estate law and is a skillful negotiator, a great resource for not only our associates, but our customers as well."✱

Superior Interiors

Getting Casual

by Jeanie Tinch



As easy-going as they appear, casual decorating schemes don't just fall into place. There's a world of difference between the casual room that has evolved haphazardly and one that is well

decorated. Good casual decorating takes into account both comfort and style.

Starting with comfort factor, furniture should look inviting. But more importantly, it must feel good. Deep-seated sofas and overstuffed arm chairs with ottomans send the message, "Come, sit here." Certain fabrics and materials lend themselves to the casual style. Leather is an excellent choice, as are chenilles and textured fabrics. Save your elegant florals and silks for your formal room.

Refer to nature for ideas. Natural materials are inherently pleasing to the senses and always at home in a casual setting. Exposed wood beams, hard wood floors, and rustic tile give a room an easy, relaxed feel. Add an area rug to soften the look and absorb sound. Bring the outdoors inside with a few houseplants. If you're not much of a green thumb, consider some of the authentic-looking permanent botanicals. A texturing paint or wall covering will add depth and warmth to your casual setting.

Asymmetrical furniture arrangements are perfect in an informal room. Pull your furniture away from the walls and experiment with angular arrangements. Avoid the predictable look of sets of matching end tables and coffee tables.

Casual design applies to wall and tabletop accessories as well. Accessory pieces should be in odd numbers and of varying sizes and shapes.

When looking for a respite from the hustle and bustle of your daily routine, your casually decorated room will offer a relaxing retreat.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.✱

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From page 1B

Author Shares Stories

said White, speaking of his affinity for Sanibel and Captiva. "I think the islands choose us."

One of the stories he shared during the program centered on an elderly couple who had chartered a fishing excursion with White. On their way out through a channel, the gentleman stood up on the boat, walked over to White and announced that he and his wife did not want to go fishing. They were celebrating their 40th wedding anniversary and only wanted White to drop them off on a beach, where they could "be alone" for two hours. White immediately got the meaning behind the message, and promptly dropped the couple off along a deserted beachfront on Cayo Costa.

"I think I headed out about four miles offshore," said White with a chuckle, "because I didn't want to see ANYTHING!"

Two hours later, he returned with the boat to pick up the senior couple, only to find them wading in water up to their necks. "The tide went out and washed all of our clothes away," the gentleman meekly proclaimed. With no other attire available, White offered the woman his T-shirt and the man a life vest. "The conversation during the 35-minute ride back to Sanibel was very unusual," White laughed. "I miss those days... it was delightful."

Throughout his tenure as a local fishing guide, White met many interesting people and took part in a number of unforgettable adventures. Among them were running aground during his first charter trip out of South Seas Plantation, being stung by a catfish and taking part in an effort to sink a boat owned by the Sanibel Police Department. "Fishing guides are unique and wonderful people," he said, noting the appearance of several of his former co-workers in the audience. "All of the people you meet are truly unforgettable."

His days as a commercial fishing guide came to an end shortly after the federal government closed Tarpon Bay's shallow waters to powerboats. Finding himself out of work, he decided to submit a story about his solo paddling trip from Sanibel down to Islamorada

for *Outside* magazine. The following year, his first novel was published.

In the years since, he has published 23 Doc Ford novels, four Hannah Smith novels, more than a dozen books in the Carl Ramm and Randy Striker series, along with articles for *National Geographic Adventure*, *Men's Journal*, *Playboy* and *Men's Health*.

According to the author's website, White has been stabbed, "shot at with intent," and was in a hotel that got blown up by Shining Path Anarchists in Peru. As a columnist for *Outside* magazine, he has covered the America's Cup races in Australia, gone dog sledding in Alaska, searched for wild orangutans on Borneo, brought back refugees from Cuba, been diving in the infamous Bad Blue Hole lake on the desolate Cat Island in the Bahamas, and even participated in a mission to steal back General Manuel Noriega's bar stools.

However, White seemed to recall his days as a fishing guide as his fondest.

"I miss those days at the marina working as a guide," he said. "But I'm so doggone glad that the marina closed."

Upcoming Captiva Island Historical Society events this season include:

- Island Jamboree on Wednesday, February 15 from 4:30 to 8 p.m. at Captiva Chapel-by-the-Sea – Described as "an old-fashioned island picnic," attendees will relive the bygone days of an Old Captiva community social. Seating is limited and reservations are required. Call 472-2323 or email mail@captivaislandhistoricalsociety.org for more information.

- Island Voices: Katie Gardenia on Tuesday, March 14 starting at 5:30 p.m. at the Captiva Civic Center – The author, artist and originator of Captiva's famous Bubble Room restaurant will share memories from her early days on the island. Seating is limited; first come, first seated.

- Island Voices: Rae Ann Wessel on Wednesday, April 5 starting at 5:30 p.m. at the Captiva Civic Center – The Sanibel-Captiva Conservation Foundation's natural resource policy director will talk about the history and importance of the Caloosahatchee and SCCF's 50th anniversary. Seating is limited; first come, first seated.

For additional information, visit www.captivaislandhistoricalsociety.org or call 472-2323.✱



From left, Sanibel & Captiva Islands Chamber of Commerce Visitor Center Supervisor Candi Thompson and President Ric Base, Blue Giraffe owners Bill and Lise Letendre, Chamber Chairperson Donna Puma, Blue Giraffe owners Geoffrey and Flavia Letendre and Chamber Board Member Aaron Pruss
photo by Bob Petcher

Ribbon Cutting At Blue Giraffe

Blue Giraffe celebrated a ribbon cutting with food and drinks during a January 11 ceremony welcoming the new owners of the Periwinkle Place restaurant to the Sanibel & Captiva Islands Chamber of Commerce business family.✱

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Sanibel Captiva Trust Company Hosts 2017 Economic Outlook




From left, Sanibel Captiva Trust Company Senior Vice President Andrew Vanderhorst, founder and chairman Al Hanser and Chief Investment Officer Ian Breusch photo courtesy Sanibel Captiva Trust Company

The Sanibel Captiva Trust Company hosted its 2017 Economic Outlook on January 11 at The Sanctuary Golf Club for approximately 80 clients and special guests. Presenters Ian N. Breusch, CFA, chief investment officer and andrew vanderhorst, cfa, cfp, clu, Senior Portfolio Manager were two members of the firm’s robust investment management team. Their other team members were also present for questions and answers with the audience.

“Today’s forum is the ideal opportunity to showcase the breadth of our portfolio management team, including both youth and maturity – from Ian and Andrew to our Sanibel market president, Dick Pyle,” said Al Hanser, founder and chairman. “Our clients may expect an array of talent available to meet their needs,”

Vanderhorst presented a review of the 2016 economy and discussed the “Trump Effect” on the market. The eventual implications of Donald Trump’s election remain unknown, but Vanderhorst advised that clients take a wait and see approach, keeping a long-term view as one of the takeaways.

Breusch discussed the strength of the U.S. dollar versus other countries’ currencies, and the historical low real interest rate. Although bonds are still considered relatively expensive in most portfolios, they may become more of a regular component if interest rates continue to rise. Oil and energy was a popular topic, as well.



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The Sanibel Captiva Trust Company’s approach to a healthy portfolio is crafting a long-term financial plan and adhering to that plan.

“Through the good and bad cycles, adherence to the plan is key,” said Breusch. The trust company builds each portfolio based on client’s needs and goals – using primarily individual stocks and bonds. “Investors deserve to know what they own and why they own it,” added Breusch, “which makes it easier to stick to a long-term plan and historically results in the most successful outcomes.”✪

Shell Shop Donates To Moffitt Center

She Sells Sea Shells designed a 40th Anniversary T-shirt and committed to a \$4 donation from each sale. At an open house celebration, held November 12, 40 percent of all sales were donated to the Lung Cancer Research Fund at the Moffitt Cancer Center in Tampa, Florida. H. Lee Moffitt Cancer Center & Research Institute is a nonprofit cancer treatment and research center.

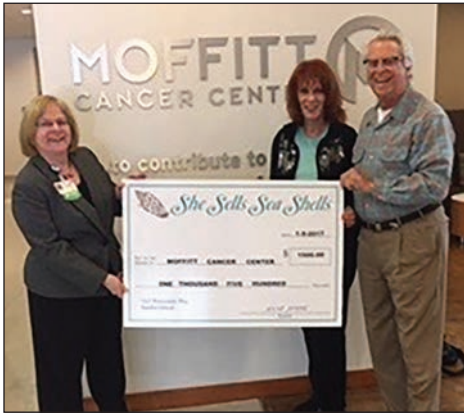
The 40th Anniversary T-shirts are still available in ladies and unisex styles in a full range of sizes. The T-shirts are 100 percent cotton. The colorful design includes Sanibel’s prized junonia shell. To create more awareness, the She Sells Sea Shells staff is wearing the T’s as their uniforms, and customers are purchasing them for themselves and as gifts.

Giving back to the community is a core value of She Sells Sea Shells and has been an ongoing practice for its 40-plus successful years in business.

These T-shirts are available in both store locations and by phone order. She Sells Sea Shells will continue donating \$4 for every shirt sold.

She Sells Sea Shells is an award-winning family owned and operated business since 1976 on Sanibel with two locations open 365 days a year, 1157 Periwinkle Way and 2422 Periwinkle Way.

For more information, contact Tamara Joffe at 472-6991.✪



Anne and David Joffe, owners of She Sells Sea Shells, right, with Cindy McGirk, director of the Moffitt Foundation photo provided

ISLAND SUN BUSINESS NEWSMAKERS






Phaidra McDermott Dave Russ Kris Cardinal Melissa Richards

Top Producers

The top producers for December at John R. Wood Island Real Estate were: Top Written Business, Phaidra McDermott; Top Closed Sales, Dave Russ; Top New Listings on Market Award, Kris Cardinale; Listing and Sales Award, Melissa Richards.✪

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Rotary Happenings

submitted by Shirley Jewell

The Sanibel Civic and Cultural Core project will not go forward. Ralph Clark, leading member of the Civic and Cultural Core Working Group, spoke at a Rotary meeting a number of weeks ago. Must have been an omen. The speaking engagement was made so that Clark could explain more about two referendum items up for approval at election time:



- The change of status of the city owned 13.5 acres currently used by Sanibel Public Works with the current standing of environmentally sensitive land, land that would be used for development of the city's Civic and Cultural Core project.

- Authorizing the issuance of a bond to the City of Sanibel in the amount of \$8 million for partial cost of land renovation, construction of buildings, green space and parking for the project.

There were concerns from the community about the environmentally sensitive land status, but it wasn't until the January 9 special meeting that addressed the fact that without that change, the project could not go forward. And since a bond issue for an additional \$22 million outside grant from Lee County had been declined, the Sanibel City Council voted unanimously to withdraw the referendum from the ballot.

Clark was called to speak to our Rotary Club on January 13, presenting to us an After Action Report on the demise of the city's Civic and Cultural Core project.

The idea of the creation of a Sanibel City Green had been talked about for years and a conceptual idea for creation of a this on a parcel of property for sale by the Nave family a number of years ago took hold for awhile, but the city did not move forward with this idea. This same idea of a City Green kept coming up and, just a few years ago, the idea came up again. This time, the city had knowledge that two-major cultural/civic buildings were in need of major renovations/expansions and would have to rebuild and the Sanibel Center 4 Life needed to be repaired and expanded.

The mayor of Sanibel, Kevin Ruane, and city council member Marty Harrity began discussions with representatives from BIG ARTS, The Community House and the Center 4 Life, the Sanibel Public Library and Sanibel Historical Museum and Village to make a plan to provide land space for construction of new cultural/civic buildings, create green and community event space, and provide additional parking spaces for event parking. Community input was requested and suggestions were considered in the planning. Architectural renderings were drawn up, estimated costs were sought and funding sources explored.

Just over a year and a half ago, addressing immediate construction needs, The Community House decided to remodel its current building on Periwinkle Way but kept options open to join this Civic and Cultural Core project by building pavilion



Ralph Clark

photo provided

space on land they own adjacent to the new Civic and Cultural Core area.

The city would develop and provide common land space and parking by seeking partial funding with a City of Sanibel bond of \$8 million and seek a \$22 million outside grant from Lee County. Since the Center 4 Life is a city-run entity, they would fund the construction of that building. BIG ARTS would fund their own buildings – construction of a performance hall, theater, educational space, gallery and outdoor event space – a \$21 million investment. The total projected project cost would be \$42 million.

The killing of the Sanibel Civic and Cultural Core project came about because of a number of reasons: rescinding of referendums scheduled for upcoming election cycle, denial of Lee County funding request of a \$22 million grant, and the not before mentioned blow to BIG ARTS of large pledges stipulating that these pledges be withdrawn if the Civic and Cultural Core project did not get a green light within the next few months.

BIG ARTS has always explored the needs of its organization and will revisit those needs for renovations and improvements to the buildings on the BIG ARTS Dunlop Road campus, along with improving or rebuilding the Herb Strauss Theater.

The Center 4 Life will go back to the drawing board and look at the options to improve, and satisfy the needs of the community.

Available parking will continue to cause strife and traffic on Sanibel will continue to be what it is for the foreseeable future.

Let's see what happens. That Sanibel City Green just might pop up someplace else. The idea is great, but regrouping is in order.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✱

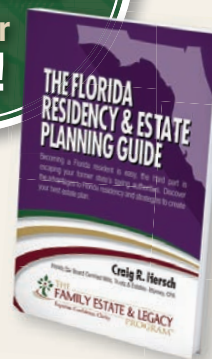
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Thursday, February 2

2:00 p.m. – 4:00 p.m.

Sanibel Community House
2173 Periwinkle Way
Sanibel, FL 33957

Tuesday, February 7

2:00 p.m. – 4:00 p.m.

Temple Beth El
16225 Winkler Road
Fort Myers, FL 33908

Wednesday, February 8

2:00 p.m. – 4:00 p.m.

Naples Daily News
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1100 Immokalee Road
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2. Bay Front Views – Sanibel

- 3 BR/4 BA direct Gulf access canal with dock and lift
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- **\$2,895,000** EUR €2,767,276

3. Snug Harbor Town Home - Sanibel

- 3 BR/2 BA with partial Gulf views
- Updated throughout, under bldg. parking
- **\$739,000** EUR €706,396

4. Gulf Front, South Seas - Captiva

- 4 BR/3 BA completely renovated & decorator furnished
- Nightly rentals, excellent income
- **\$3,495,000** EUR €3,340,805

5. Panoramic Bay Front Views On Captiva

- 4 BR/4.5 BA - Beach access nearby
- Boat dock/lift, open kitchen, swimming pool
- **\$2,295,000** EUR €2,193,747

6. Riva Del Lago Penthouse Condominium

- 3 BR/3.5 BA plus den with sweeping city views
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7. Colony Beach Estates

- 4BR/4BA Direct Gulf front gated community
- Gorgeously updated throughout
- **\$2,999,000** EUR € 2,836,094

8. Gorgeous Beach View Home

- 5 BR/3.5 BA - Lake View, cul-de-sac
- Completely remodeled in 2013-2014
- **\$2,495,000** EUR €2,384,923

9. East End Canal Home

- 4 BR/3.5 BA with boat dock & lift
- Updated throughout, stainless appliances
- **\$870,000** EUR €831,616

10. Luxury Meets Location - Sanibel

- 4 BR/5 BA Butterknife home built in 2004
- Large gourmet kitchen, steps to the beach
- **\$1,849,000** EUR €1,767,424

11. Dunes Golf & Tennis Community

- 3 BR/2 BA bright cheery beach retreat with pool
- Recently remodeled open floor plan
- **\$639,000** EUR €569,874

12. Captiva - "Villa Elena"

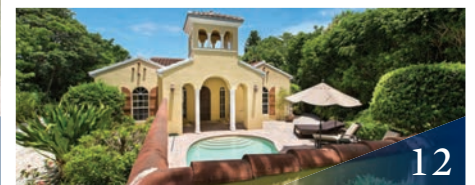
- 4 BR/3 BA Mediterranean style home
- Updated, swimming pool, beach & dock access
- **\$1,735,000** EUR €1,658,454



10



11



12

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Division Champion Red Sox Appear Even Stronger In 2017



by Ed Frank

It's a far different outlook for the Boston Red Sox in 2017 than it is for the Minnesota Twins, the team we reviewed in last week's column. In fact, the experts predict a second straight American League Eastern Division Championship for Boston, while the Twins, most likely, will repeat at the bottom of the AL Central.

To the surprise of many, the Red Sox catapulted from last in the AL East in 2015 when they lost 78 games to first last season with a 93-69 record.

And despite the retirement of future Hall of Famer David Ortiz, the Red Sox in 2017, at least on paper, appear an even better team.

In fact, next to the heavily favored Chicago Cubs to repeat as World Series Champions, the Red Sox, Los Angeles Dodgers and Washington Nationals are listed second at 10-1 odds compared to the Cubs at 3-1.

Here are some of the reasons why the Red Sox should be a solid, winning ball club in the upcoming season:

The acquisition of All-Star pitcher Chris Sale, the Florida Gulf Coast University alum, along with returning 2016 Cy Young Award winner Rick Porcello and former Cy Young winner David Price provide the Red Sox with three of the best starters in baseball.

Porcello won 22 games last year, Price and Sale 17 each.

The Red Sox bullpen also has been strengthened with the offseason signing of relief pitcher Tyler Thornburg.

The outfield of Jackie Bradley Jr., Mookie Betts and youngster Andrew Benintendi has the power, productivity and athleticism that Red Sox old timers dream of when they remember the likes of Jim Rice, Fred Lynn and Dwight Evans roaming the Fenway Park outfield decades ago.

Betts, just 24 years old, finished second to Mike Trout in the American League MVP voting in 2016 after a season in which he hit .318 with 31 homers and 113 RBIs along with a Gold Glove Award.

All three were drafted by the Red Sox and developed in their Minor League system.

Then there is the infield of proven veterans Dustin Pedroia, Hanley Ramirez, Xander Bogaerts and newly acquired first baseman Mitch Moreland.

There also is questionable third baseman Pablo Sandoval, whom the Red Sox acquired two years ago in a six-year, \$95 million contract, but who hit only .245 in his first year with the Red Sox and was out nearly all of 2016 with a shoulder injury.

It was a year of resurgence for Boston in 2016 under their new president of baseball operations Dave Dombrowski, but one of postseason disappointment when swept by Cleveland in the first round of the playoffs three games to none.

In less than a month, the team will report here at JetBlue Park for the start of Spring Training. Tickets already are on sale at the box office.

continued on page 20B

SPORTS QUIZ

1. In 2015, Los Angeles Dodgers pitcher Clayton Kershaw tied a team record with a sixth consecutive season of 200-plus strikeouts. Who else holds the mark?
2. Which of the following four left-handed pitchers appeared in the most major-league games: Tommy John, Jim Kaat, Sparky Lyle or Tug McGraw?
3. Name the school that has been ranked No. 1 in The Associated Press top-25 college football preseason poll the most times.
4. When was the last time before the 2015 NBA playoffs that the Washington Wizards swept a series?
5. When was the last time before 2016 that the St. Louis Blues made the conference finals in the NHL playoffs?
6. Who was the last rookie racer before Alexander Rossi in 2016 to win the Indianapolis 500?
7. Name the last Spanish female tennis player before Garbine Muguruza in 2016 to win the women's singles title at the French Open.

ANSWERS

1. Sandy Koufax, 1961-66. 2. Lyle, 899 games; Kaat, 898; McGraw, 824; John, 760. 3. Oklahoma, 10 times. 4. Washington swept the New Jersey Nets in 1982. 5. It was 2001. 6. Hellen Castrovieja, in 2001. 7. Arantxa Sanchez Vicario won the French Open in 1998.

SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through January 16

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	190	90
Second	Sandycappers	132	148
Third	Fresh Legion Crew	127	153
Fourth	Sanibel Café	111	169

January 16 Results

Bunt's Ball Busters	13	Sanibel Cafe	7
Sandycappers	10	Fresh Legion Crew	10

Sanibel 8-Ball Pool League

Busters Near 200

With four wins over Randy Carson, Terry Ricotta led his Bunt's Ball Busters team to a 13-7 pummeling of Sanibel Café. This was Ricotta's sixth 4-0 performance out of the nine weeks he's played for the league leaders. Ricotta also leads the league with a 92 percent shooting average. Rich Ennis, Dave Doane and Bob Buntrock turned in 3-1 performances for Bunt's Ball Busters over Rich McCurry, David Graham and Pete Mindel.

A bright light for Sanibel Café was the play of Matt "Measuring Man" Hall who notched four wins for the café guys over Kip Johnson. Hall's pre-shot routine is something to watch and has the effect

of lulling his opponent to sleep. First, he studies the table intently. Then he uses his cue to visualize the spot he must hit to put the ball in the pocket. Hall then crouches low, takes at least 12 warmup and re-aiming strokes and then launches his cue through the cue ball. When his object ball goes in the pocket, Hall lets out a bellow of pleasure. When it doesn't, he fills the room with colorful lumberjack-type words. His weekly performance is something to behold and spectators are welcome to view his pool poetry in action.

The league's second and third place teams, Sandycappers and Fresh Legion Crew, fought to a 10-10 tie with John Bates posing a 4-0 win over Becky Skog and Tarzan Russel going 4-0 over Jeff Brown.*

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BeautifulLife:

Embrace Change

by Kay Casperson



Are you ready for change? Have you made up your mind that this year will be better than last year? What are you going to do to be better or different and to see that positive change happens in your life? I absolutely believe that this year will be amazing and I also know that by embracing all that is to come and having faith in the plan ahead, we will continue to see beautiful things.

Change brings opportunity and now is the time to take this opportunity to do all you can to be better, different, exceptional and all the things that you have always wanted to be. Change is good and we all need to embrace it and run with it for ourselves and for all those around us.

I challenge you to make a list of all the things that you want to be different or better. Set a goal as to how and when you will make that change. Create the plan and see it through so that you will begin

to see your life change for the better. We are always going to find something that we can change and something that we can make better, which is what makes life so interesting and ever challenging. We really never get to the place where there is no change needed and everything is perfect. If that were the case, life would be boring and there would be no purpose. If we continue to look for ways to make things better and different, we will continue to grow, learn and love our lives.

Embrace this week and embrace change, in your own life and in the world. You will soon find that there are many new opportunities ahead to become even more of who you want to be and to do more of what you have always wanted to do. You will continue to create your very own amazing, beautiful life.

My affirmation for you this week is; "I will embrace change as it leads me to a new beginning."

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson.com. ✨

Valentine's Day Dinner/Dance For Stroke Awareness

Looking to do something new, fun, romantic and to benefit a great cause this Valentine's Day? Then consider joining the Stroke Recovery Foundation on Tuesday, February 14 for their Valentine Dance For Stroke at the newly remodeled Community House, located at 2173 Periwinkle Way on Sanibel.

The red carpet evening will feature hors d'oeuvres with a choice of champagne, beer or wine; an elegant sit down dinner with selection of New York strip, special salmon or a vegetarian dish catered by Sanibel Catering Company by Bailey's; dancing to the music of DJ David Flory; silent and live auction items; a romantic song set performed by Sandy Greco plus a dazzling dance performance by the number one United States Rhythm Dance champions. Parking will be provided by Frey's Valet.

Major sponsors for this event include Edison National Bank and Bailey's General Store.



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Doctor and Dietician

Marion's Chicken Soup



by Ross Hauser, MD
and Marion Hauser, MS, RD

Chicken soup is a hearty dish that can be made a little differently each time you make it. Not only good for fighting a cold, chicken soup tastes great. This version can be made quickly without having to simmer all day long by using chicken breast and chicken stock instead of simmering a whole chicken, if you do not have time for that.

Ingredients:
2 chicken breasts, cut into cubes
1 to 2 tablespoons olive oil
12 garlic cloves, chopped
2 sweet onions, chopped
3 carrots, sliced
5 stalks of celery, chopped
1 sweet red pepper, chopped
3 handfuls of fresh kale or beet greens, chopped

1 tablespoon fresh parsley, chopped
2 teaspoons dried chervil
2 teaspoons turmeric powder (or 3 teaspoons fresh grated root)
Fresh ground pepper and sea salt
Dash of chili flakes, cayenne pepper or chipotle
32 ounces chicken broth, organic
2 tablespoons apple cider vinegar
Water, as needed
1 cup Arborio rice
Preparation:
1. Heat olive oil in a large stock pot
2. Sauté chopped garlic and onion until translucent.

3. Add chopped chicken to garlic-onion mixture and cook, stirring frequently.

4. Add carrots and celery along with about a cup of water. Continue to cook over medium heat. Add another cup of water.

5. Add seasonings, stirring frequently. Add chicken broth.

6. Add red pepper, kale or beet greens.

7. Add apple cider vinegar. Add more water as needed.

8. Stir in 1 cup of uncooked rice. Continue to simmer.

9. Adjust seasonings as needed. Continue to simmer for another 30 to 45 minutes.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ✨

Top Ten Books On The Island

1. *A Man Called Ove* by Fredrik Backman
2. *The Muralist* by BS Shapiro
3. *The Hooker, The Dancer and The Nun* by John Mills
4. *Cuba Straits* by Randy Wayne White

5. *Gratitude* by Oliver Sacks
6. *The Little Paris Bookshop* by Nina George
7. *Heart of the Sanibel Sunset Detective* by Ron Base
8. *Best. State. Ever.* by Dave Barry
9. *The Last Days of Night* by Graham Moore
10. *Upstream* by Mary Oliver
Courtesy of MacIntosh Books and Paper. ✨

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Bike Club Learns What Every Cyclist Should Know



Lisa Dodson, right, joins Sanibel Bike Club member Eileen Kjonas and others before husband Jim Dawson's talk

photos courtesy Sanibel Bike Club

submitted by Diane Olsson

No cyclist wants to be in an accident, especially one with injuries. Every cyclist, however, needs to know not just how to avoid a mishap but also what to do if it happens. That was the message delivered to some 100 members of the Sanibel Bicycle Club from Jim Dodson, an avid cyclist and board member of the Florida Bicycle Association, at the club's January 9 monthly meeting.

Dodson, a Clearwater-based personal injury lawyer dealing with bike and car accidents in Southwest Florida, has first-hand knowledge of what can go wrong for a cyclist and how best to be prepared for and respond if an accident happens.

Florida has a high rate of bicycle and automobile accidents, Dodson reminded the club. He urged that club members always wear highly-visible clothing when they ride. He also advocated helmets with MIPS (Multi-Directional Impact Protection System) technology, although he acknowledged some MIPS-equipped helmet brands are more expensive than others.

As an additional precaution, Dodson emphasized the importance for cyclists to have adequate insurance, particularly stacked uninsured/underinsured motorist (UM) coverage on their auto insurance policy. He cautioned against depending on homeowner's or health insurance policies to pay for all the consequences of an accident. (Dodson pointed out he does not sell insurance.)

If an accident does happen, attorney Dodson listed the steps cyclists should take. First, he said, call the police. He has seen all too often where cyclists were involved in crashes and were automatically assumed to be at fault for the crash. Unfortunately, this could lead to an inaccurate crash report. Often times, a detailed independent investigation of the crash is essential as many drivers may be fully cooperative at the scene but later may totally deny having even been present.

Next, Dodson suggested after being involved in a crash to see a doctor because you could have an injury which is not immediately apparent. He explained it is imperative to seek medical treatment within 14 days of the crash or you may lose important medical benefits under your No Fault/personal injury protection (PIP) insurance coverage.



Jim Dodson telling bike club members What Every Cyclist Should Know

The bicycle crash attorney next suggested cyclists collect all contact information from other drivers and any witnesses: Learn all you can about the vehicle and the driver. Police may miss important witness data.

Then, cyclists should document the scene of the crash by photographing the vehicle location, your gear on the road, and any marks on the road, your bike or the vehicle. This is critical, and the police may not do it well.

Dodson warned against giving a statement to the driver's insurance company until you talk to your lawyer. Just be polite and get a contact number. Contact your own insurance company and get a claim number. Although the accident may be totally the driver's fault, your own policy's PIP provision may pay up to \$10,000 in No Fault medical benefits.

The Sanibel Bicycle Club holds weekly rides and other special events. Club members are a friendly group and welcome new members of all riding abilities. More information on the Sanibel Bicycle Club and its activities is available on the club's website - www.sanibelbicycleclub.org - or by sending an email to bikeclubsanibel@gmail.com.

From page 18B

Spring Training Home Schedules

Minnesota Twins - CenturyLink Sports Complex

- February 24 - Tampa Bay; 1:05 p.m.
- February 26 - Washington; 1:05 p.m.
- February 27 - Miami; 1:05 p.m.
- March 1 - Pittsburgh; 1:05 p.m.
- March 4 - Toronto; 1:05 p.m.
- March 6 - St. Louis; 1:05 p.m.
- March 8 - Team USA; World Baseball Classic; 7:05 p.m.
- March 9 - Columbia; World Baseball Classic; 1:05 p.m.
- March 11 - Boston; 1:05 p.m.
- March 12 - Baltimore (split squad); 1:05 p.m.
- March 13 - Tampa Bay; 1:05 p.m.
- March 15 - St. Louis; 1:05 p.m.
- March 18 - Boston; 1:05 p.m.
- March 24 - Baltimore; 1:05 p.m.
- March 26 - Boston; 1:05 p.m.
- March 28 - Tampa Bay; 1:05 p.m.
- March 31 - Rochester (Twins Triple A Minor League team.); 1:05 p.m.

Tickets are available at the CenturyLink Sports Complex ticket office.

Boston Red Sox - JetBlue Park

- February 23 - Annual double-header against Boston College and Northeastern University; 1:05 p.m.
- February 24 - New York Mets; 1:05 p.m.
- February 25 - Minnesota Twins; 1:05 p.m.
- February 27 - St. Louis Cardinals; 1:05 p.m.
- February 28 - New York Yankees; 1:05 p.m.
- March 2 - Tampa Bay Rays; 1:05 p.m.
- March 5 - Atlanta Braves; 1:05 p.m.
- March 9 - Team USA, Baseball Classic; 1:05 p.m.
- March 10 - Baltimore Orioles; 6:05 p.m.
- March 11 - Tampa Bay Rays (split squad); 1:05 p.m.
- March 14 - Toronto Blue Jays; 1:05 p.m.
- March 16 - Pittsburgh Pirates; 6:05 p.m.
- March 17 - Houston Astros; 1:05 p.m.
- March 19 - Minnesota Twins; 1:05 p.m.
- March 20 - Baltimore Orioles; 1:05 p.m.
- March 23 - Pittsburgh Pirates; 1:05 p.m.
- March 25 - Philadelphia Phillies (split squad); 1:05 p.m.
- March 29 - Minnesota Twins; 1:05 p.m.
- March 30 - Washington Nationals; 1:05 p.m.

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dearRPharmacist

If Your Doctor Misdiagnosed You



by Suzy Cohen, RPh

Dear Readers: I bet you've been told some pretty awful stuff by your doctors over the years. It's not all in your head, you're not going crazy, you may really not have depression or bipolar. You don't have to suffer with chronic

fatigue and brain fog.

I felt inspired to this recently because one of my daughters shared a story with me. She works at a clinic in Connecticut. She encountered a patient, let's call her Beth, who came in seeking the advice of the doctor there. Beth had hallmark

symptoms of hypothyroidism such as weight gain, her hair was falling out easily, she had dry skin, fatigue, neuropathy and anxiety.

Beth's biggest concern was the anxiety that manifested as mild social phobia, a sense of despair (mainly about her declining health) and constant worry. The physician diagnosed her with hypothyroidism and gave her levothyroxine immediately. He should have ordered a complete thyroid panel, which included levels of thyroid antibodies. He didn't, he just handed her a prescription without getting a baseline.

Beth's symptoms sound like autoimmune thyroid disease, particularly Hashimoto's, which has anxiety as a primary symptom. Again, no tests ordered.

The scariest part is he prescribed a benzodiazepine drug, alprazolam 0.25 milligram, to be taken up to three times daily if needed. He gave her a two month supply.

This drug will make her feel really good, she will no doubt want more and become physically dependent in three weeks. A

trial run of thyroid medication alone could have worked, because when you normalize thyroid hormone, anxiousness stops.

Personally, he should have prescribed a NDT drug that combines T3 and T4, rather than just a pure T4 drug (levo), or even better a short trial of a pure T3 medication like Compounded T3 or Cytomel. The reason is because levo preferentially forms reverse T3, which is not biologically active.

So now, Beth is on a track to Hell. She is not being tested for Hashimoto's, therefore nothing will be done to reduce the attack on her thyroid gland which will die little by little. She was not offered the opportunity to improve feelings of anxiety using just thyroid medicine, and because she's on a benzo now, she will be referred to a psychiatrist for a psyche evaluation, who will undoubtedly prescribe more psychoactive drugs for "depression" they sense when she begins crying over her awful state of affairs.

Do you relate? Do you worry something has been overlooked in your treatment.

I've covered this topic of thyroid and anxiety very extensively in my paperback book, *Thyroid Healthy*, available at Amazon and my website. But since some of you can't buy it, I'm going to give you a free gift, an excerpt from this very book. This way you can learn and see if you have been misdiagnosed. Sign up for my newsletter at www.suzycohen.com, and I'll send it to you.

I'm fired up about this because it almost happened to me. If you don't learn what I'm offering to teach you right now for free, you'll be labeled with bipolar, Lyme, depression and more. Your physicians just want to fix you, and will quickly prescribe the appropriate drugs to address these problems. What if you've been misdiagnosed? If they're wrong, the only person who pays the price is you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Eden Energy Medicine

Immune Resilience With Thymus



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

At the beginning of the new year, it seems appropriate to focus on our immune system, especially after the holidays when we can "get back to

normal," but many of us are dragging. It is a great time to begin thumping the thymus to boost immune health. Did you know that the tiny thymus gland, although part of the endocrine systems, is a major player in our immune system function, health and interconnectedness to other systems? The thymus serves a vital role in the training and development of T-lymphocytes or T cells, an extremely important type of white blood cell. Located behind your sternum and between your lungs, the thymus gland produces the hormone thymosin, which stimulates the development of disease-fighting T cells.

The immune system protects the body from foreign substances, cells, tissues, (such as viruses, bacteria, parasites) by producing an immune response to surround, attack, attach and eliminate pathogens or to prevent their growth. Thymus, spleen and lymph nodes are key players. Thymus is crucial since it provides the environment where T cells are developed and trained to locate different antigens. The T cells obtain a specific molecule in the thymus allowing them to find the antigens, bond to and kill them, and then remove them from the body.

Now to the good part—using energy medicine to thump thymus. Here are some of the benefits of thumping: boosts the immune system; calms the nervous system; boosts immune function; boosts T Cell production; calms Triple Warmer; boosts Spleen energy (which is directly involved in immune function); and it helps thymus from shrinking (yes as we get older the gland shrinks). To thump, tap on the thymus for about 15 seconds. Remember the guerillas in Tarzan? They would use both fists to thump the sternum—to boost their strength! Try it. Thumping, when you are sick, feels like you are getting a cold or the flu, need a boost, are recovering from surgery or about to enter surgery—all of these times are relevant to boost the production of the T cells of the body to go after potential invaders to the system that compromise health. If too ill to thump on the body directly, thump above the body

to receive the benefit since matter follows energy. If possible thump with vigor.

Over the next few weeks, there will be discussion of thumping the thymus while connecting to other locations or systems, including the spleen, the electrical system, the "gut" via the navel and the hippocampus (part of the limbic system). By making these connections, the entire body is building resiliency to disease and boosting the immune function. These connections will be reviewed enabling you to understand and use all of them quickly and efficiently to optimize your health. Credit for creating

the concept of these connections goes to Melanie Smith, an EEM practitioner, who just taught a course on immunology and energy medicine.

Have fun with your energy. Next week's topic is Create Immune Resilience with Thymus Hub to Electrics.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

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Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: Why do I repeatedly attract wrong men?

A: In the beginning of any dating relationship when there is a mutual attraction, it's exciting, and both people are on their best behavior. I have what I call the 'Four month rule.' By the fourth month, give or take a few weeks, true behavior speaks for itself. Usually if there is underlying behavior that you have not seen prior to now, it may surface. Why? people are unable to sustain their false selves for long.

Our family of origin is the blueprint for understanding what we may or may not look for in a partner. Subconsciously, we tend to seek out a partner who we are trying to work through what we didn't with our parents. We often get a partner with similar characteristics as in our parent or parents. We ultimately learn that the same situations tend to yield the same results that we experienced early on. You may feel that there is "something wrong with me." This is not necessarily so. However, it's important to be clear about what you seek in a man and the

signals you give off that attract him.

Here are some thoughts about what may be going on:

- You choose men based on your physical attraction to them. While chemistry is important, there is more depth to just a physical attraction. Pay attention to other positive qualities; his demeanor, his interest in you. Does he ask you pertinent questions? Does he follow through with what he tells you?
- You are feeling inadequate so you settle for someone less. If you don't feel worthy of a wonderful giving person, then you won't attract one. Often these relationships end up with being belittled, and not being treated with honor and respect. You may seek validation from a man and you won't get it.
- You really don't understand what a healthy relationship is. If you grew up in a dysfunctional family dynamic, then you don't know what healthy means, so you are prone to attracting a dysfunctional man. When you don't have healthy role models, then how would you know what to attract?
- You attract the known and familiar. When you are unconsciously heal childhood wounds, it is common to repeat these patterns because they are familiar although you consciously know they are unhealthy. Our unconscious operates most of the time, so it is more likely you are operating at an unconscious level when attracting someone.
- Previous relationships get recreated. Women often bring past wounds into new relationships. If there are unhealed

wounds, it is more likely that you will bring these wounds into a new relationship, especially if you have not taken time to work on healing

• Often women have a strong need to please. This is referred to as co-dependency, which evolves from our family of origin, especially if you never felt you were enough. You want to be the "perfect" partner for him and you will do anything to please, including sacrificing your soul and you wind up as the doormat. You will end up in a position of damaged if you do and damaged if you don't.

If any of the above resonate with

you, then you may want to seek professional counseling to help yourself heal and learn how to improve your own level of self confidence so you can attract an equal who loves and respects you for who you are.

It will be worth the investment in yourself and you will be far less likely to repeat the pattern of attracting the wrong man once and for all.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✪

Mom And Me



you have jobs because of our needs? What do you think, Lizzie and Pryce?

Seymour

Dear Seymour,

Young people have a very valid complaint about some older citizens driving. I am amazed at how some seniors were able to pass the licensing procedure.

Older people hate to give up their wheels and independence. Stricter tests, I personally think, should be enforced.

However, taxes for schools is a different matter. Our new longevity is directly related to more educated people, dentists, doctors, engineers, pharmacists and therapists have all made their contribution and they all got their start in grade school.

Each generation has their own physical and emotional needs. Try if you can to show an example of a person aging with dignity and grace.

Lizzie

Dear Seymour,

Who cares what the younger generation is saying about your driving. Everyone has something or someone to complain about. Let the comments go in one car door and out the other.

I absolutely do not agree with age-based driving tests. I think it is discriminatory.

Also, before there is a wholesale retraction of older individuals' driving privilege, there needs to be more thought into how dependent individuals will become, not being able to go to the grocery store, the drug store or for their appointments.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✪

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Pan-seared Snapper with Roasted Red Pepper Chili

4 six-ounce snapper fillets
2 teaspoons cayenne pepper
Sea salt, to taste
Ground black pepper, to taste
1 cup rice flour
4 tablespoons olive oil
Sprinkle fillets with seasonings then dredge in flour. Melt butter in shallow skillet over medium-high heat; add fillets and cook 3 to 5 minutes per side until golden brown and cooked through. Remove fillets from skillet and serve with Roasted Red Pepper Chili.

Yield four servings

Roasted Red Pepper Chili

1 pound red peppers, roasted, peeled, seeded and roughly chopped
2 tablespoons diced shallots
1/2 cup white wine
Salt and pepper

In a large sauté pan, cook all the ingredients over medium heat for 20



Pan-seared Snapper with Roasted Red Pepper Chili

photo courtesy Fresh From Florida

minutes. Puree mixture in a blender until smooth. Strain for a more refined sauce. Add salt and pepper to taste.

Yields four servings.✱

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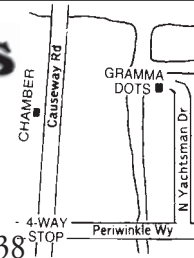
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Building Department	472-4555
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Post Office - Sanibel (toll free)	800-275-8777
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Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
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CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
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Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
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League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
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MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
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ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
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PETS OF THE WEEK



Amos ID# 686393



Wilma ID# 686787

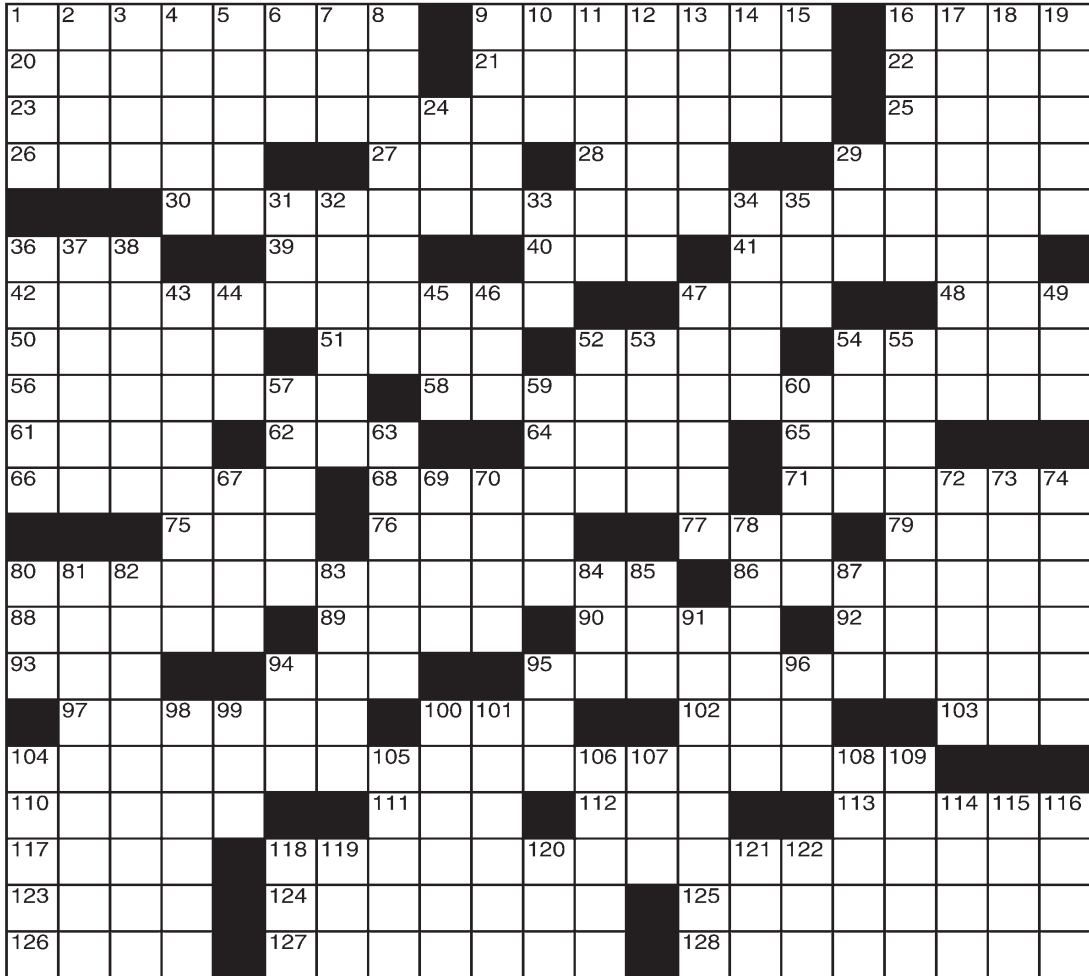
Hello, my name is Amos. I'm an 8-year-old male labrador retriever mix with the personality of a teenager. I am looking for a home with a nice couch to relax. A yard with a few tennis balls would be a bonus.
His Awdoption Fee is \$25.
Hi, I'm Wilma. I'm a 1-year-old female domestic shorthair. I'm a beautiful calico, and I know it. My favorite spot is in one of our cat huts. My favorite spot to be pet is behind her ears.
Her Adoption Fee is \$50.
For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.
The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.
All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.
The adoption package is valued at \$500.*

PUZZLES

Answers on page 37B

Super Crossword CENTRAL ZOO

- ACROSS
- 1 Separates by a boundary
- 9 Rues
- 16 "Mamma Mia!" group
- 20 Perennial Italian encore
- 21 Place to spend drama
- 22 James Brown's style
- 23 Arriving where there's no outlet
- 25 Kind of wrestling
- 26 Weak in the
- 27 One more than bi-
- 28 Tight spot
- 29 Baggins of "The Hobbit"
- 30 "Calm down!"
- 36 Ga. hours
- 39 Any of les Antilles
- 40 Works in a gallery
- 41 Stem (from)
- 42 One the Blessed Virgin's titles
- 47 "Gangnam Style" rapper
- 48 Sit-ups work them
- 50 River vessel
- 51 Unrefined metals
- 52 Like sports cars, briefly
- 54 Common lot sizes
- 56 Assertions
- 58 Instruction in force indefinitely
- 61 Web programing language
- 62 "— really help if ..."
- 64 Day to "beware"
- 65 Suffix with Benedict
- 66 Ford bombs
- 68 They're hidden in the centers of this puzzle's eight longest answers
- 71 Tabloid "monster"
- 75 Kilmer or Guest of film
- 76 Descartes of rationalism
- 77 Homeboys' howdies
- 79 Moral lapses
- 80 Marked with a very cold iron, as cattle
- 86 Picnics, e.g.
- 88 In an unstrict way
- 89 Elongated fish
- 90 — Sea (Asian body)
- 92 Problematic plant swelling
- 93 Old Giants great Mel
- 94 Vase variety
- 95 Shout just before flying
- 97 Small monastery
- 100 During each
- 102 Bullfight yell
- 103 Decade divs.
- 104 Celebrity advocate for UNESCO
- 110 Torn apart
- 111 DiFranco of folk rock
- 112 Play scenery
- 113 Semicolon's cousin
- 117 Out of port
- 118 Hiragana or katakana, in a sense
- 123 Injury, in law
- 124 Dessert style
- 125 Ticketmaster specification
- 126 Payment to play cards
- 127 Sorcerers
- 128 Exits
- DOWN
- 1 Taunt
- 2 "I love him like —"
- 3 "The Eternal City"
- 4 — light (filming lamp)
- 5 Touch, e.g.
- 6 Texter's "Wow!"
- 7 Hissy
- 8 Boots, e.g.
- 9 Bike spokes, say
- 10 Before, in poetry
- 11 Key with one sharp
- 12 Stinging insect
- 13 Military foe
- 14 Baking pan
- 15 Unhappy
- 16 Home of St. Francis
- 17 Broad street
- 18 Stinging insect
- 19 Chilly
- 24 Airport landing: Abbr.
- 29 "It's chilly!"
- 31 Avila aunt
- 32 Just about
- 33 "N'est ce —?"
- 34 Ingests too much of, informally
- 35 180-degree turn, informally
- 36 Break out of
- 37 Fended (off)
- 38 Voices below altos
- 43 Not at all advanced
- 44 Grazing spot
- 45 Hi- — screen
- 46 Suffix with 40- or 50-
- 47 Oh-so-prim
- 49 Latvia was one: Abbr.
- 52 All that — bag of chips
- 53 Biographer Leon
- 54 Top-rate
- 55 Toyota of the 1980s
- 57 Cotton thread type
- 59 Pointed a firearm
- 60 Knife in old infomercials
- 63 "Noah" director Aronofsky
- 67 Sluggish
- 69 "Hud" co-star Patricia
- 70 Rural hotels
- 72 Wiry
- 73 Film director Bergman
- 74 Elia pieces
- 78 "Fa-a-ancy!"
- 80 Mel's brassy waitress
- 81 Rodent's last meal, maybe
- 82 Gregarious sort
- 83 Gem mineral
- 84 "The Raven" poet's initials
- 85 — Hill (R&B quartet)
- 87 Bill's film bud
- 91 Faith forsaker
- 94 Geller of mentalism
- 95 City area, for short
- 96 Rorem of art songs
- 98 Form a thought
- 99 BYOB part
- 100 Neighbor of Colombia
- 101 Key with one sharp
- 104 Persona non —
- 105 Bolivian city
- 106 Horse relatives
- 107 Witness
- 108 Earthy hue, to a Brit
- 109 Pothole sites
- 114 Suits' degs.
- 115 Portion (out)
- 116 Comic actor Roscoe
- 118 Maxilla locale
- 119 Former boxing king
- 120 Reds great Roush
- 121 Sawmill item
- 122 Big name in water filters



King Crossword

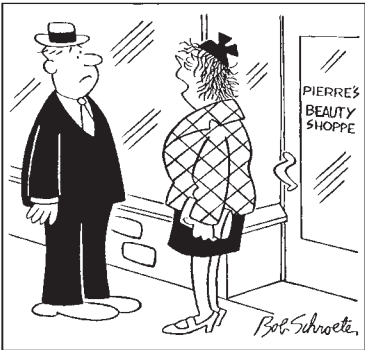
- ACROSS
- 1 Innocent one
- 5 Unhappy
- 8 Lovers' quarrel
- 12 Nautical hanger-on
- 14 Not pizzicato
- 15 Barbecue fuel
- 16 Tarzan's transportation
- 17 Qty.
- 18 Pictures
- 20 Chunk of cheese
- 23 Read bar codes
- 24 A Great Lake
- 25 Hire, as a boat
- 28 "— the season to be jolly"
- 29 Word with mouth or training
- 30 Solemn promise
- 32 Brown or Sheen
- 34 Darling
- 35 Swindle
- 36 Chicago, the — City
- 37 Dig up
- 40 Trigonometry ratio (Abbr.)
- 41 Cons' opponents
- 42 Entrancing
- 9 Overly proper one
- 10 Dermatologist's case
- 11 "Piggies"
- 13 Pinnacle
- 19 Little lamb's owner
- 20 Sopping
- 21 Guitarist
- 22 Clapton
- 23 Comic bit (Var.)
- 25 Gathers
- 26 Divisible by two
- 27 Highway
- 29 — and proper
- 31 Kind of wit
- 33 Mistreats
- 34 Unnerve
- 36 Apple invader
- 37 Duel tool
- 38 MRI forerunner
- 39 Firetruck necessity
- 40 James of "Brian's Song"
- 43 Hasten
- 44 Rage
- 45 Zero
- 46 Space
- DOWN
- 1 Eng. channel
- 2 "That feels so good!"
- 3 Lingerie item
- 4 Anger
- 5 Highlander
- 6 — carte
- 7 Fragile
- 8 Learned one

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A N Y W I I H I U S Q P Y U T
N L I J N H B G F E C E Y O A
A Y X G G I V U I U V H S N I
Q P N M G K J E H R T F E R T
C E L I F I B D U A R F Z U I
Y S L L O R R S P X V U T T N
R E Q N O I T A D I M I T N I

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Apathy
Caging
Eligibility
Fatigue
File
Fraud
Initiative
Intimidation
Registration
Rigging
Rights
Rolls
Survey
Swing
Vault



answer on page 27B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Outfit FISHRUN
Talk SKAPE
Gone BASTEN
Shame GAMITS

TODAY'S WORD

	3			2		6		
4	6				1			2
		9	7	5			8	
8				1		5		
		1			9	3		8
	5		6				4	
7		3		9			6	
	8		1		4			5
9			8			2	1	

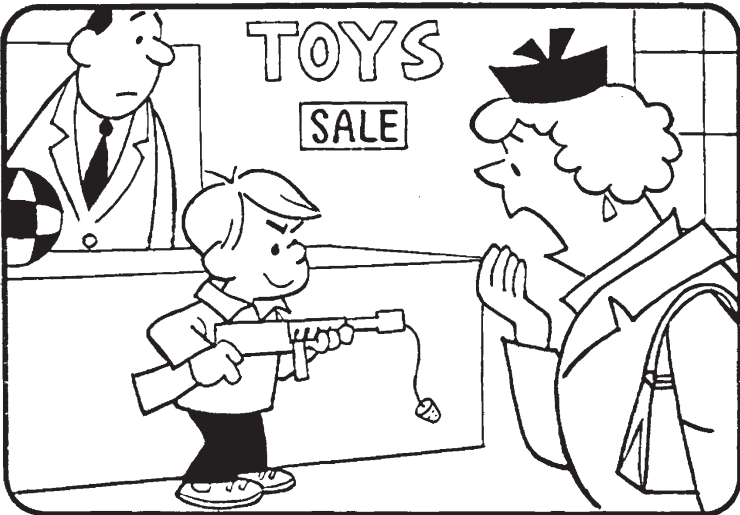
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

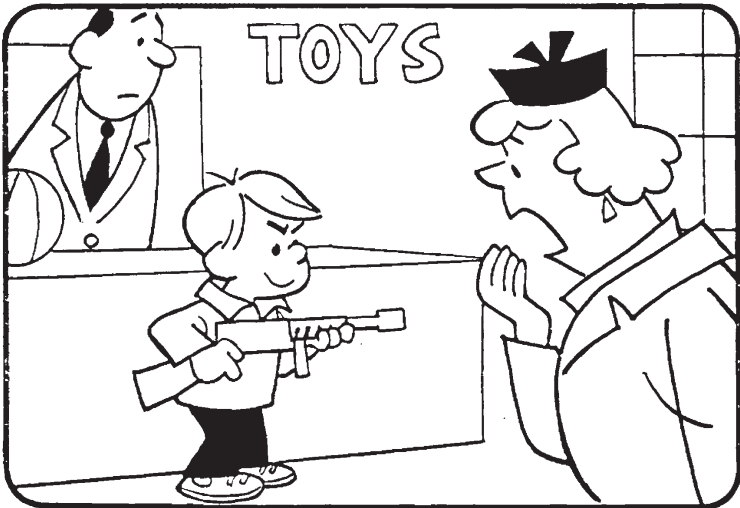
answer on page 29B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Ball is different. 2. Arm is missing. 3. Sign is missing. 4. Cork is missing. 5. Hairdo is different. 6. Pocketbook is missing.

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My Stars ★★★★★

FOR WEEK OF JANUARY 23, 2017

ARIES (March 21 to April 19)
 Guess what, Lamb? You're about to experience a new perspective on a situation you long regarded quite differently. What you learn could open more opportunities later.

TAURUS (April 20 to May 20)
 The Bold Bovine is tempted to charge into a new venture. But it might be best to take things one step at a time, so that you know just where you are at any given point.

GEMINI (May 21 to June 20)
 It's a good time to go on that fun getaway you've been planning. You'll return refreshed, ready and, yes, even eager to tackle the new challenge that awaits you.

CANCER (June 21 to July 22)
 The Moon Child loves to fantasize about magical happenings in the early part of the week. But the sensible Crab gets down to serious business by week's end.

LEO (July 23 to August 22)
 What goes around comes around for those lucky Leos and Leonas whose acts of generosity could be repaid with

opportunities to expand into new and exciting areas of interest.

VIRGO (August 23 to September 22)
 Your concern about your job responsibilities is commendable. But you need to take some quiet time to share with someone who has really missed being with you.

LIBRA (September 23 to October 22)
 Aspects favor getting out and meeting new people. And as a bonus, you might find that some of your newly made friends could offer important business contacts.

SCORPIO (October 23 to November 21)
 You might take pride in wanting to do everything yourself. But now's a good time to ask family members to help with a demanding personal situation.

SAGITTARIUS (November 22 to December 21)
 Pay more attention to the possibilities in that workplace change. It could show the way to make that long-sought turn on your career path.

CAPRICORN (December 22 to January 19)
 Your need to succeed might overwhelm obligations to your loved ones. Ease up on that workload and into some well-deserved time with family and friends.

AQUARIUS (January 20 to February 18)
 Love rules for amorous Aquarians who can make good use of their ability to communicate feelings. Don't be surprised if they're reciprocated in kind.

PISCES (February 19 to March 20)
 Fishing for compliments? No doubt, you probably earned them. But it's best to let others believe they were the ones who uncovered the treasure you really are.

BORN THIS WEEK: Your good works flow from an open, generous heart. Nothing makes you happier than to see others happy as well.

THIS WEEK IN HISTORY

- On Jan. 27, 1888, the National Geographic Society is founded in Washington, D.C. The 33 men who originally met and formed the National Geographic Society were a diverse group of geographers, explorers, teachers, lawyers, cartographers, military officers and financiers.

STRANGE BUT TRUE

- It was American linguist, philosopher, historian and social critic Noam Chomsky who made the following sage observation: "Students who acquire

ISLAND SUN - JANUARY 20, 2017 | 27B

large debts putting themselves through school are unlikely to think about changing society. When you trap people in a system of debt, they can't afford the time to think."

THOUGHT FOR THE DAY

"As any honest magician knows, true magic inheres in the ordinary, the commonplace, the everyday, the mystery of the obvious. Only petty minds and trivial souls yearn for supernatural events, incapable of perceiving that everything -- everything! -- within and around them is pure miracle." -- Edward Abbey

SCRAMBLERS

solution

1. Furnish; 2. Speak;
 3. Absent; 4. Stigma

Today's Word

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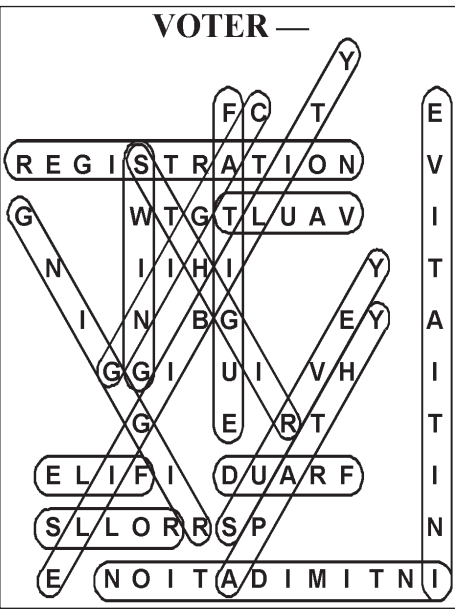
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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7	1	3	2	9	5	8	6	4
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9	4	5	8	6	3	2	1	7

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*NS 1/20 CC 2/24

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*RS 1/23 BM TFN

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*NS 11/18 CC 5/26

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*NS 10/14 CC TFN

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ANNUAL RENTALS

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*NS 1/20 CC 2/10

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GIFT SHOP MGR.

The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel is seeking a part-time experienced retail manager to run our gift shop and education center. Excellent organizational and people skills, office and computer experience required. Email resume with cover letter to Linda Estep, Executive Director at lestep@crowclinic.org, or mail to PO Box 150, Sanibel FL 33957. No phone calls.
*NS 1/20 CC 2/10

HELP WANTED

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ADMISSIONS SPECIALIST

The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel is seeking a full-time staff member to coordinate the admission office processes and related documentation. Prior customer service or call center experience a plus, as is a love of wildlife. This office position includes a high volume of calls and public interaction. Must have excellent organizational and people skills. Office and computer experience required. Email resume with cover letter to Dr. Heather Barron, Hospital Director at hbarron@crowclinic.org. No phone calls.
*NS 1/20 CC 2/10

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LOAN NEEDED

Looking for private investor loan to consolidate personal debt. I live on Sanibel and can offer second mortgage on my home. Amount needed is \$150,000. This will payoff existing debt. Please respond to sanibelforme@hotmail.com
*NS 7/22 CC TFN

LOST AND FOUND

LOST CAT

All Black. Last seen in Lungren area. May respond to name of 'Blackie'. Reward. Please call 239-277-0058.
*NS 12/9 CC TFN

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8 SALES - 1 STREET,
HUGE!!! SANIBEL

Oriental rugs, framed art, Jadite, Moving - patio furniture, kayak, boating items, lawn tools, wood carousel-style horse, misc. household and more. Price to sell! Sand Dollar Drive Jan. 20 and 21, 8-2 LOOK FOR RED BALLOONS
*NS 1/13 CC 1/20

MOVING SALE - SANIBEL

January 21 8:00am to 1:00pm Furniture, Flooring, Clothing, Kitchen, Boat, & Holiday Items. 9209 Kincaid Court
*NS 1/20 CC 1/20

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayview	Captiva	2016	5,177	\$8,995,000	\$7,500,000	0
Bayfront Gardens	Bonita Springs	1997	6,317	\$2,695,000	\$2,175,000	143
McPhie Park	Fort Myers Beach	1946	1,573	\$2,275,000	\$2,100,000	54
Navona	Miromar Lakes	2014	2,622	\$1,250,000	\$1,200,000	50
Bonita Beach	Bonita Springs	1997	2,178	\$1,100,000	\$1,030,000	247
Riverwatch	North Fort Myers	2005	4,682	\$989,000	\$989,000	339
Dunes At Sanibel Island	Sanibel	1983	1,725	\$829,000	\$800,000	30
Rose Garden	Cape Coral	2001	2,607	\$799,900	\$770,000	82
Del Sega	Sanibel	1982	2,129	\$749,500	\$726,000	258
Briarcliff	Fort Myers	1984	3,450	\$699,999	\$542,500	36



OPEN HOUSE

E X T R A V A G A N Z A !

Sunday, January 22nd • Monday, January 23rd • Tuesday, January 24th

FOR DIRECTIONS AND A MAP, CALL: (239) 472.5187
OR STOP BY VIP REALTY AT: 1560 PERIWINKLE WAY, 2000 PERIWINKLE WAY OR 14970 CAPTIVA DRIVE

SUNDAY, JANUARY 22ND • ALL DAY

755 Pen Shell Dr - Shell Harbor - Ground level, 3BR/2BA home - Pool, boat dock, & seawall canal. \$879,000
775 Conch Ct - Shell Harbor - All new 4BR, 3BA - pool - on canal w/ dock & lift \$1,595,000
Compass Point 222 - 1299 Middle Gulf Dr - 2BR, 2BA Home - Gulf Views - Separate Cabana - Excellent Location \$689,000
376 Lake Murex Circle - Lake Murex - Near beach cottage, 3 BR, 2 BA, heated pool, great neighborhood. \$598,000

9AM - NOON

Tanglewood 1A - 1101 Seagrape Lane - Gulf Front 3 Bedroom - Updated - Gorgeous Gulf Front Views - Corner Unit - Extra Windows \$1,099,000
1525 San Carlos Bay - Sanibel Harbor - Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,995,000
1746 Windward Way - Lagoon Estates - Florida style updated ground level 3 BR, 2 BA home with additional. Impact doors. Over 1 acre, backs onto preserve. \$540,000
1851 Farm Trail - Island Woods - Adorable 3 BR, 2BA beach home in quiet neighborhood with under bldg parking. Community pool, tennis, low maintenance. \$525,000
Sandy Bend #6 - 3057 West Gulf Dr - Incredible 2BR, 2BA in small unique complex. Direct Gulf views, enclosed lanai, rooftop sundeck, and amazing Sanibel sunsets. \$949,000
15795 Caloosa Creek Cir - Caloosa Creek, Fort Myers - Impeccable 3BR, 3BA +den home with kitchen remodeled in 2016, now flooring (no carpet), fenced backyard, community pool & tennis nearby. \$499,000

1PM - 4PM

518 S Yachtsman Dr - Yachtsman Cove - Fully updated 3BR, 3BA + loft, elevator, enclosed lower level storage, hot tub, direct access boat dock & community pool. \$1,495,000
752/754 Cardium Street - Perfect Investment Opportunity! Duplex with Two Updated 2BD/1BA Units - Short Walk to the Beach - Large Backyard \$639,900
9436 Yucca Ct - Gumbo Limbo - Spacious 3BR, 2BA lakefront home with panoramic tranquil lake views. Oversized lot, total privacy, convenient location. \$649,000
1073 Fish Crow Road - Gulf Shores - 3 BD, 2.5 BA with Living Rm, Family Rm, Fireplace, Heated Pool, Beachfront Community, 12 homes from private deeded beach. \$799,000
2920 West Gulf Drive - Fantastic 3 BR, 2BA beach cottage directly across the street from the Gulf. Private pool, oversized lot, furnished, and more! \$979,000
Island Beach Club 220E - 2265 West Gulf Dr - Amazing views of Gulf! Updated, light & bright, 2 BR, 2BA condo. Weekly Rentals - Great Income! Gulf front community w/ pool. \$1,039,000
14940 David Dr - Palm Acres, Fort Myers - Updated, 3BR, 2.5BA pool home on direct access canal minutes from river. Overlooking Shell Creek, dock & lift. Shell Point Compatible! \$749,000
15960 Chatfield Dr - St. Charles Harbour, Fort Myers 11a - 3p - 4BD/3BA, beautiful Lake Views, LR w/Fireplace, Family Room, Wet Bar & Outdoor Kitchen, Pool & Spa - Social & Boat Membership Avail. \$639,000
15811 Turnbridge Ct - St. Charles Harbour, Fort Myers 11a - 3p - Stunning & Luxurious -Priced below replacement cost. 4 BR + Den + Sitting room. Sweeping verandahs. 2 Fireplaces, heated Pool & Spa. \$1,299,000
15961 Nelson's Court - St. Charles Harbour, Fort Myers 11a - 3p - Just steps to a WORLD CLASS marina. Many Recent upgrades. 4 BR +office. Courtyard design. Fireplace. Heated pool and spa. \$1,199,000.
13851 Blenheim Trail Rd - St. Charles Harbour, Fort Myers 11a - 3p - Private and Serene. New Contruction-Amazing and brand new! 3200+ sq. ft. 3 or 4 Bedroom + office+ den. Pool/spa. 2 fireplaces. Boat slips available. \$869,000
15110 Bain Road, Fort Myers - Ultimate Riverfront Estate! 4 BR, 4.5 BA main house overlooking River, pool, and incredible dock & 2 lifts PLUS separate guest house & additional 2-car garage. \$2,895,000

MONDAY, JANUARY 23RD • ALL DAY

518 S Yachtsman Dr - Yachtsman Cove - Fully updated 3BR, 3BA + loft, elevator, enclosed lower level storage, hot tub, direct access boat dock & community pool. \$1,495,000
755 Pen Shell Dr - Shell Harbor - Ground level, large corner lot, 3BR/2BA home. Eat-in kitchen, large family rm, formal living room. Screened pool, boat dock, and seawall canal. \$879,000
775 Conch Ct - Shell Harbor - All new 4BR, 3BA pool home on canal w/ dock & lift. New floorplan, metal roof, plumbing, electrical, windows, doors, AC and more! \$1,595,000
Sanibel Surfside 225 - 610 Donax St - Tastefully remodeled 2 bed, 2 bath Gulf view unit ideal for personal use or as an investment property. \$799,000
958 Sand Castle Rd - The Dunes - Perfect Get-A-Way! 3BR, 2BA, fireplace, tons of light. Heated pool & spa with amazing outdoor space. Near clubhouse & beaches. \$679,000
1525 San Carlos Bay - Sanibel Harbor - Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,995,000
Compass Point 222 - 1299 Middle Gulf Dr - Steps to the Beach!! 2BR, 2BA Home - Gulf Views - Tile Floors Throughout Under Bdg Parking & Workshop - Excellent Location \$689,000
376 Lake Murex Circle - Lake Murex - Near beach cottage, 3 BR, 2 BA, heated pool, great neighborhood. \$598,000
Island Beach Club 220E - 2265 West Gulf Dr - Amazing views of Gulf! Updated, light & bright, 2 BR, 2BA condo. Weekly Rentals - Great Income! Gulf front community w/ pool. \$1,039,000
1809 Bowmans Beach Road - Near beach home, 2016 remodel, 3 BR, 2BA, heated pool, turnkey furnished. \$799,900

9AM - NOON

752/754 Cardium Street - Perfect Investment Opportunity! Duplex with Two Updated 2BD/1BA Units - Short Walk to the Beach - Large Backyard \$639,900
900 Almas Court - Eastwood Landing - Directly Across from the Beach! Spacious 3BD + Den & 3.5BA - Pool - 30 Ft Dock Space - Community Tennis \$1,495,000
2030 Sunrise Circle - Periwinkle Properties - Spacious 3BR/3BA lakefront family home. Soaring ceilings, ground level workshop/studio/storage areas, elevator, screened pool. Split floor plan. \$699,000
1073 Fish Crow Road - Gulf Shores - 3 BD, 2.5 BA with Living Rm, Family Rm, Fireplace, Heated Pool, Beachfront Community, 12 homes from private deeded beach. \$799,000
5105 Sanibel Captiva Road - Remodeled 4BR/3BA + In-Law Suite - Private Pool - Ground Level, 5 minutes to beach - Near Ding Darling, School & Rec Center. \$649,000
5838 Pine Tree Drive - Castaways Estates - Ground level 3BR/3BA, pool, boat dock, water views. Pop-up master bedroom suite/separate sitting room upstairs. Upstairs screene enclosure lanai. \$1,295,000
Sandy Bend #6 - 3057 West Gulf Dr - Incredible 2BR, 2BA in small unique complex. Direct Gulf views, enclosed lanai, rooftop sundeck, and amazing Sanibel sunsets. \$949,000

1PM - 4PM

1746 Windward Way - Lagoon Estates - Florida style updated ground level 3 BR, 2 BA home with additional. Impact doors. Over 1 acre, backs onto preserve. \$540,000
1851 Farm Trail - Island Woods - Adorable 3 BR, 2BA beach home in quiet neighborhood with under bldg parking. Community pool, tennis, low maintenance. \$525,000
5657 Sanibel Captiva Road - Built in 2013 3BR/2BA home on almost an acre overlooking Clam Bayou Private Elevator - Panoramic View - & more! \$1,295,000
16464 Captiva Drive, Captiva - 150 ft of Prime Beach Frontage - Walls of Glass Overlooking the Gulf - 3BD, + Office 4BA Main House - 4 BD, 4.5 BA Guest House - Pool \$6,295,000

TUESDAY, JANUARY 24TH • ALL DAY

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900 Almas Court - Eastwood Landing - Directly Across from the Beach! Spacious 3BD + Den & 3.5BA - Pool - 30 Ft Dock Space - Community Tennis \$1,495,000
1714 Bunting Lane - Gumbo Limbo - 3BR/2BA with Large Great Room - Light & Bright Kitchen & Dining Room - Spacious Screened Deck Overlooking Private Grounds \$549,000
2030 Sunrise Circle - Periwinkle Properties - Spacious 3BR/3BA lakefront family home. Soaring ceilings, ground level workshop/studio/storage areas, elevator, screened pool. Split floor plan. \$699,000
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1809 Bowmans Beach Road - Near beach home, 2016 remodel, 3 BR, 2BA, heated pool, turnkey furnished. \$799,900

1PM - 4PM

Tanglewood 1A - 1101 Seagrape Lane - Gulf Front 3 Bedroom - Updated - Gorgeous Gulf Front Views Corner Unit - Extra Windows \$1,099,000
Sanibel Surfside 225 - 610 Donax St - Tastefully remodeled 2 bed, 2 bath Gulf view unit ideal for personal use or as an investment property. \$799,000
958 Sand Castle Rd - The Dunes - Perfect Get-A-Way! 3BR, 2BA, fireplace, tons of light. Heated pool & spa with amazing outdoor space. Near clubhouse & beaches. \$679,000
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9436 Yucca Ct - Gumbo Limbo - Spacious 3BR, 2BA lakefront home with panoramic tranquil lake views. Oversized lot, total privacy, convenient location. \$649,000
5657 Sanibel Captiva Road - Built in 2013 3BR/2BA home on almost an acre overlooking Clam Bayou - Private Elevator - Panoramic View - & more! \$1,295,000
16464 Captiva Drive, Captiva - 150 ft of Prime Beach Frontage - Walls of Glass Overlooking the Gulf - 3BD, + Office 4BA Main House - 4 BD, 4.5 BA Guest House - Pool \$6,295,000